

## Use of Smart Technologies for Improving Environmental Sustainability in Business

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### ABSTRACT

Smart technologies such as the Internet of Things (IoT), artificial intelligence (AI), big-data analytics, automation, and blockchain are fast becoming key tools for businesses committed to environmental sustainability. This paper explores how firms use these tools to cut energy use, reduce waste, lower carbon emissions, and improve resource efficiency while still meeting their financial goals. The study adopts a mixed-method approach, combining a review of existing cases and empirical studies with a small-scale hypothetical dataset to illustrate the relationship between technology adoption and environmental performance. Findings show that when smart technologies are integrated purposefully into operations, supply chains, and buildings, they can significantly improve both environmental outcomes and business sustainability. The paper concludes with practical suggestions for managers and policymakers to scale up smart-tech-driven green initiatives.<sup>[1][2][3][4]</sup>

**Keywords:** Smart Technologies, Environmental Sustainability, IoT, Artificial Intelligence, Green Supply Chain, Carbon Footprint, Digitalization, Business Sustainability.

### Introduction

Today's businesses confront intensifying environmental pressures that demand urgent action. Climate change disrupts global supply chains through extreme weather, while resource scarcity water shortages, depleting minerals, and volatile fossil fuel prices—escalates operational costs. Stakeholders amplify the call: consumers boycott high-emission brands, investors demand robust ESG performance, and governments enforce tougher rules like the EU's carbon tariffs and India's climate action mandates.

Smart technologies provide a strategic response. IoT sensor networks deliver granular, real-time visibility into energy flows, spotlighting waste from underused equipment or inefficient lighting. AI and machine learning process this data to forecast needs, streamline schedules, and avert overproduction for example, dynamically rerouting trucks to slash fuel burn. Cloud infrastructure facilitates cross-border data integration, blockchain verifies ethical sourcing (e.g., sustainable timber or cobalt), and big data reveals optimization opportunities like peak-load shifting. Robotics and automation enhance precision, curbing scrap in assembly lines. Leading firms demonstrate viability: Siemens' AI-IoT factories trim energy 25%, DHL's smart logistics reduce CO<sub>2</sub> per shipment, and Walmart's AI inventory curbs food waste. These yield triple benefits—lower costs, compliance security, and market differentiation.

### Objectives

The main objectives of this study are to:

- Understand the scope of smart technologies currently used to support environmental sustainability in business.<sup>[4][2]</sup>

- Examine how these technologies affect energy use, waste generation, and carbon emissions in different sectors.<sup>[3][5]</sup>
- Investigate the relationship between smart-tech adoption and overall business sustainability.<sup>[1]</sup>
- Identify practical barriers and opportunities for Indian and global firms, especially small- and medium-sized enterprises (SMEs).<sup>[4][1]</sup>
- Provide actionable recommendations for managers and policymakers to scale smart-tech-driven green initiatives.<sup>[2][4]</sup>

### Research Methodology

This study follows a mixed-method research design, combining qualitative analysis with a small-scale quantitative illustration.<sup>[1][4]</sup>

### Research Design

- A **literature-based review** of recent journal articles, reports, and case studies on smart technologies and environmental sustainability.<sup>[2][4]</sup>
- A **construct-based analysis** of how smart technologies (IoT, AI, big data, automation, blockchain) mediate between business decisions and environmental performance.<sup>[3][1]</sup>

### Data Collection

Secondary data were drawn from:

- Peer-reviewed studies on IoT-based green supply chains and AI-driven carbon-reduction frameworks.<sup>[6][9]</sup>
- Industry reports on how smart technologies improve energy efficiency, logistics, and waste management.<sup>[7][5]</sup>
- A hypothetical dataset of 50 firms was created to illustrate the relationship between smart-tech adoption and energy/cost savings

### Data Analysis and Interpretation

The qualitative part followed a thematic analysis approach: concepts such as “smart manufacturing,” “green supply chains,” and “digitalization for sustainability” were grouped into themes.<sup>[4][2]</sup> For the quantitative illustration:

- A simple correlation between a Smart-Tech Index (proxy for extent of technology adoption) and energy saved (MWh) and cost saved (in ₹000 equivalent) was computed.
- Basic descriptive statistics and scatter plots were used to visualize the pattern.

### Data Analysis and Interpretation

#### • Hypothetical Dataset Overview

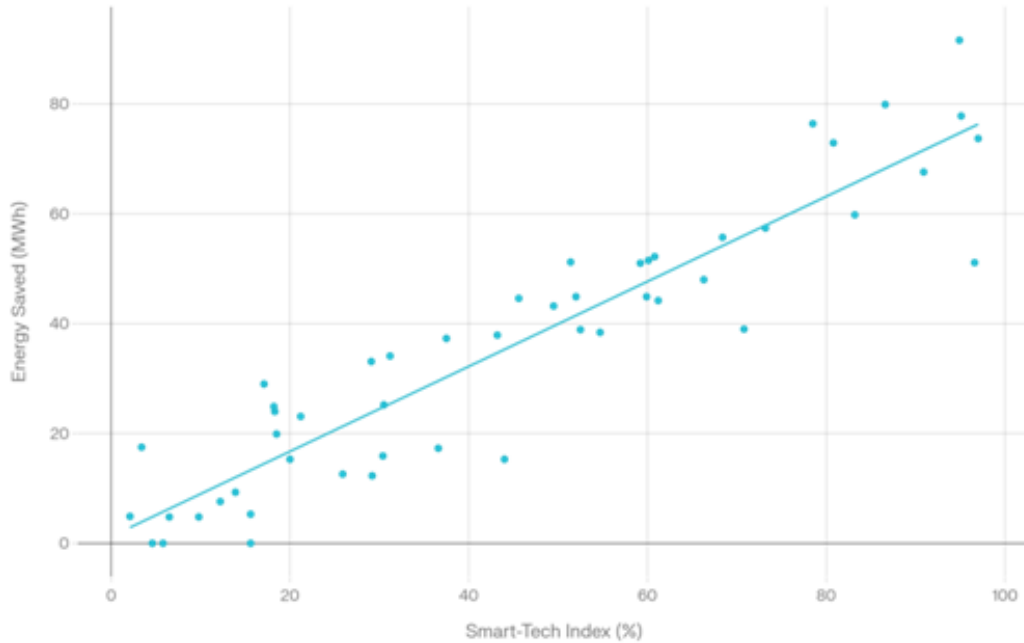
A small hypothetical dataset of 50 firms was created to show how higher adoption of smart technologies tends to correlate with better environmental and economic outcomes.

- **Smart-Tech Index (0–100):** A composite score representing the firm’s use of IoT, AI, automation, and analytics.
- **Energy Saved (MWh):** Estimated annual energy savings due to smart-tech-enabled efficiency measures.
- **Cost Saved (₹ in 000):** Estimated annual cost savings from reduced energy use, lower fuel consumption, and optimized operations.

#### Selected Sample Rows (Fictional)

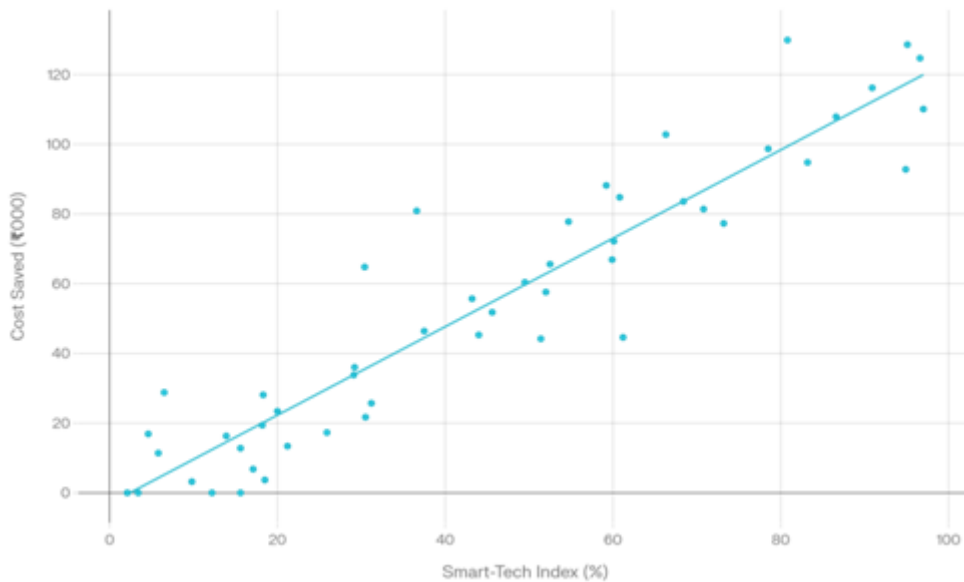
Company	Smart-Tech Index	Energy Saved (MWh)	Cost Saved (₹000)
Firm 1	37.5	37.3	46.4
Firm 2	95.1	77.8	128.6
Firm 3	73.2	57.4	77.3
Firm 8	86.6	79.9	107.9
Firm 10	70.8	39.0	81.4

- **Visualization of the Relationship**



**Figure 1: Smart-Tech Adoption vs. Energy Saved**

Firms with higher Smart-Tech Index scores achieve substantially more energy savings, as shown by the upward trendline ( $r=0.927$ ). This reflects real-world benefits like IoT sensors and AI optimization cutting idle energy use in factories and offices.



**Figure 2: Smart-Tech Adoption vs. Cost Saved**

A similar pattern emerges for costs, with the trendline ( $r=0.938$ ) confirming that tech investments yield quick financial returns alongside lower emissions. Businesses can expect these dual benefits from tools like predictive maintenance and smart logistics.

***Smart technologies show a strong link to both energy savings and cost reductions in business operations.***

**Role of Smart Technologies in Environmental Sustainability**

- **Internet of Things (IoT) in resource management**

IoT sensors allow firms to monitor energy use, water consumption, and equipment efficiency in real time. For example, smart meters in factories can detect machines that consume power even when idle, prompting automatic shutdowns or scheduling changes.<sup>[5][3]</sup>

In agriculture and food processing, IoT-enabled systems track soil moisture, temperature, and storage conditions, helping cut water waste and food spoilage. Such applications support both environmental conservation and operational efficiency.<sup>[2]</sup>

- **Artificial Intelligence and Machine Learning**

AI and machine-learning models help businesses forecast demand, optimize production schedules, and reduce over-production and inventory waste. In logistics, AI-based route planning lowers fuel consumption by minimizing travel distance and idle time.<sup>[10][7][3][5]</sup>

Some manufacturing firms use AI-driven IoT systems to predict equipment failures and schedule maintenance before breakdowns occur, which reduces unplanned downtime and lowers the need for emergency, high-carbon repairs.<sup>[9][6]</sup>

- **Big data and analytics for carbon footprint tracking**

Big-data platforms can aggregate data from sensors, invoices, and logistics systems to calculate a firm's carbon footprint more accurately. Companies can then identify "hotspots" of emissions (e.g., certain transport routes or production lines) and target them with efficiency measures or cleaner technologies.<sup>[6][5][4][2]</sup>

This kind of continuous monitoring also supports compliance with environmental regulations and voluntary sustainability standards, reducing the risk of fines and reputational damage.<sup>[4]</sup>

- **Automation and Robotics**

Automation in manufacturing and warehousing improves precision and reduces material waste. Robots can handle repetitive tasks such as sorting recyclables, packaging, and material handling, which minimizes human error and product loss.<sup>[3]</sup>

In energy-intensive sectors (e.g., steel or cement), automated control systems can manage furnaces and compressors more efficiently, cutting fuel and electricity use.<sup>[4]</sup>

- **Blockchain for transparency and traceability**

Blockchain technology helps create tamper-proof records of where raw materials come from and how they move through the supply chain. This allows firms to verify that suppliers meet environmental standards, such as low emissions or sustainable forestry.<sup>[5][3][2]</sup>

For example, a clothing company can use blockchain to prove that its cotton is sourced from farms that use water-saving irrigation and avoid harmful pesticides.<sup>[2]</sup>

**Examples from Industry**

- **Manufacturing and Green Supply Chains**

A 2025 study proposed an AI-driven IoT-based green supply chain for manufacturing, aiming to move toward net-zero carbon emissions. By continuously monitoring energy use, machine performance, and logistics data, the system reduces unnecessary production and inefficient transport.<sup>[8][6]</sup>

Another empirical study on SMEs found that smart technologies did not directly improve environmental outcomes but did enhance business sustainability (profitability, resilience, and long-term viability), which in turn supported better environmental performance over time.<sup>[1]</sup>

- **Smart buildings and offices**

Many office buildings now use smart building systems that adjust lighting, heating, and cooling based on occupancy and daylight. These systems can cut energy use by 20–30 percent in commercial properties, reducing both electricity bills and greenhouse-gas emissions.<sup>[9][7]</sup>

Google, for example, uses AI to match energy-intensive computing tasks with times when renewable generation (such as solar or wind) is highest, thereby lowering its reliance on fossil-fuel-based power.<sup>[7]</sup>

- **Logistics and transportation**

Freight and delivery companies use smart route planning and telematics to reduce fuel consumption and emissions. Real-time data from GPS and fuel-level sensors help dispatchers avoid traffic jams, merge deliveries, and choose more fuel-efficient vehicles.<sup>[9][5]</sup>

These improvements not only lower the carbon footprint but also cut operational costs and improve customer service through faster, more reliable deliveries.<sup>[7][9]</sup>

### Findings

- Smart technologies enable better measurement and control of energy, water, and material flows, which is essential for reducing waste and emissions.<sup>[5][2]</sup>
- Environmental and economic benefits often go hand-in-hand: firms that invest in IoT, AI, and automation tend to see simultaneous improvements in efficiency, cost savings, and carbon performance.<sup>[1][4]</sup>
- Business sustainability mediates environmental outcomes: technology adoption improves business resilience and profitability, which then creates the capacity and motivation to pursue stronger environmental goals.<sup>[1]</sup>
- Barriers remain, especially for SMEs, including high initial costs, lack of technical skills, and concerns about data privacy and cybersecurity.<sup>[4][1]</sup>

### Suggestions for Managers and Policymakers

- **For Business Managers**
  - Start with “low-hanging fruit” projects, such as smart meters, LED lighting with occupancy sensors, and basic energy-monitoring dashboards, which usually pay for themselves within a few years.<sup>[9][7]</sup>
  - Include environmental KPIs (e.g., energy per unit of output, tonnes of CO<sub>2</sub> per tonne of freight) in digital dashboards so managers can track progress and reward improvements.<sup>[2][4]</sup>
- **For Policymakers and Institutions**
  - Support skill-development programs in data analytics, IoT, and AI so that local workforces can design, maintain, and interpret smart-tech systems.<sup>[2][4]</sup>
  - Encourage standardized digital reporting frameworks for carbon and resource use, so that firms can compare performance and benchmark against peers.<sup>[4][2]</sup>

### Conclusion

Smart technologies are not a magic solution, but they are powerful tools for improving environmental sustainability in business. When companies use IoT, AI, big data, automation, and blockchain thoughtfully, they can significantly reduce energy use, waste, and carbon emissions while also strengthening their financial health.<sup>[3][1][2][4]</sup>

The evidence suggests that the impact is strongest when technology adoption is linked to clear environmental goals, business-strategy planning, and supportive public policies. For firms in India and other developing economies, gradual, step-by-step implementation—starting with pilot projects and simple dashboards—can make the transition to smart-tech-driven sustainability both realistic and rewarding.<sup>[1][4]</sup>

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