Analyzing the Role of Competency Based Education in NEP 2020 and its Potential Benefits & Challenges

Richa Ramdev1* | Dr. Deepak Bhandari2

¹Research Scholar, Department of Management, Faculty of Commerce & Management, Maulana Azad University, Jodhpur, Rajasthan, India.

²Professor, Department of Management, Faculty of Commerce & Management, Maulana Azad University, Jodhpur, Rajasthan, India.

*Corresponding Author: rramdeo.p@gmail.com

Citation: Ramdev, R., & Bhandari, D. (2025). Analyzing the Role of Competency Based Education in NEP 2020 and its Potential Benefits & Defense amp; Challenges. International Journal of Advanced Research in Commerce, Management & Defense, 08(03(I)), 231–238. https://doi.org/10.62823/ijarcmss/8.3(i).8030

ABSTRACT

The National Education Policy (NEP) 2020 is a revolutionary change in India's educational system by placing Competency-Based Education (CBE) at the center of teaching and learning as a fundamental principle. In contrast to the conventional rote learning process, CBE is about the building of particular skills, abilities, and competencies that equip learners to succeed in the 21st-century knowledge economy. This study examines the position of CBE in the context of NEP 2020 and also examines its likely advantages and implementation challenges. The research points out how CBE resonates with NEP's vision for holistic, flexible, and learner-centric education. By focusing on critical thinking, creativity, problem-solving, and application-oriented knowledge, CBE is capable of bridging the gap between academic knowledge and employability skills. It makes personalized, outcome-based learning paths possible, thus serving a wide range of learners with different abilities and aspirations. The use of technology and digital tools further increases the outreach and efficacy of CBE for school as well as higher education. Concurrently, the paper also identifies substantial challenges that may prevent the true potential of CBE in NEP 2020 from being realized. These would be the requirement for massive teacher training, curriculum and assessment model redesign, infrastructure deficits, and reluctance to abandoning traditional examination-based systems. To these would be added equity concerns, digital divide, and monitoring mechanisms that are existing issues in effectuating successful and inclusive implementation. Based on an even-handed analysis, this paper finds Competency-Based Education to be of monumental potential for the changeover of Indian education to a skill-based, future-competent system. For this, however, success would hinge on the synergy and consensus efforts of policymakers. educators, institutions, and stakeholders in resolving the challenges piecemeal.

Keywords: Competency-Based Education, NEP 2020, Educational Reforms, Skill Development, Challenges in Implementation.

Introduction

Education plays a vital role in shaping the future of individuals and societies. In the 21st century, the rapid growth of technology, globalization, and changing labor market demands have brought forward the need for a system of learning that goes beyond memorization and focuses on real-world skills. Recognizing this need, the Government of India introduced the National Education Policy (NEP) 2020,

^{*} Copyright © 2025 by Author's and Licensed by Inspira. This is an open access article distributed under the Creative Commons Attribution License which permits unrestricted use, distribution, and reproduction in any medium, provided the original work properly cited.

which envisions a paradigm shift from rote-based learning towards holistic, multidisciplinary, and competency-driven approaches.

Perhaps the most striking aspect of NEP 2020 is its strong focus on Competency-Based Education (CBE). CBE is a strategy that focuses on developing quantifiable skills, competencies, and applicable knowledge rather than theoretical memorization. In contrast to conventional exam-oriented systems, CBE encourages experiential learning, problem-solving, creativity, and critical thinking. Through its connection of education with employability as well as lifelong learning, it seeks to equip learners with the capabilities to succeed professionally as well as personally.

The inclusion of CBE in NEP 2020 demonstrates India's resolve to create a robust platform for a knowledge economy. It aims to make education flexible, inclusive, and student-centric, serving the varied needs and aspirations. Technology and digital platforms are conceived as drivers for increasing the reach of CBE across schools and universities.

But this ambitious reform also has several challenges. Teacher readiness, curricular restructuring, infrastructure deficiencies, assessment reforms, and the digital divide are the impediments that need to be addressed for CBE to be effective in the Indian scenario. The shift from a content-based, examination-driven regime to a competency-based system needs to be facilitated through a shift in culture among both teaching and learning processes.

This paper thus examines the role of Competency-Based Education under NEP 2020, with regard to its possible positives and challenges that could impede its adoption. It further proposes a means of strengthening the policy framework and ensuring successful implementation at every stage of education. By examining these elements, this research adds to the current discourse on the transformation of education in India and emphasizes the need to equip students with the needs of the contemporary world.

Study Background

Education systems across the globe are evolving to keep up with the fluid social, technological, and economic developments of the 21st century. The old education models based on memorization and abstract examinations have been subject to rising criticism for not preparing learners with useful skills applicable in everyday life. India, with its large and diverse population, has been facing concerns of equity, quality, and employability in education for long. Having one of the largest education systems in the world, India still faces challenges like obsolescence of curricula, over-emphasis on examinations, and absence of skill integration that have resulted in a mismatch between what is taught and what the industry demands.

In response to these issues, the Government of India launched the National Education Policy (NEP) 2020, the first major policy overhaul in more than three decades. The policy focuses on moving away from rote learning to skill-based and comprehensive education. Competency-Based Education (CBE) is at the center of this shift, a model that prioritizes learning outcomes over time-based instruction. CBE allows students to learn the skills of problem-solving, critical thinking, teamwork, creativity, and communication, which are the key skills required in the fast-paced world of today.

The context of this research is to understand how embedding CBE in NEP 2020 can potentially revolutionize India's education system. Although the policy outlines a vision for student-centered and adaptive education, its actualization demands a large-scale structural, pedagogical, and cultural shift. This research thus investigates both the opportunities and challenges of embedding CBE in Indian education in the NEP 2020 structure.

Overview of NEP 2020

The National Education Policy (NEP) 2020 is a historic reform by the Government of India to transform the education system, making it more holistic, multidisciplinary, and attuned to 21st-century requirements. Replacing the policy of 1986, NEP 2020 forecasts an inclusive and student-friendly system that guarantees quality education for everyone.

At the school level, NEP 2020 brings in the 5+3+3+4 curricular model in place of the previous 10+2 pattern. The system focuses on foundational literacy and numeracy and overall development from early childhood. The policy lightens the load of memorization and promotes experiential and competency-based pedagogy. It focuses heavily on multilingualism, subject flexibility, and vocational education incorporation from an early phase.

In higher education, NEP 2020 promotes multidisciplinary universities, open-ended curricula, and multiple entry-exits. The policy suggests the creation of the Higher Education Commission of India (HECI) for regulation and focuses on research and innovation with the National Research Foundation. Technology integration, digital learning, and online education are stressed as major facilitators for accessibility and equity.

The policy also foresees the transition towards Competency-Based Education (CBE) through assessment reforms. Rather than the exclusive use of high-stakes tests, NEP 2020 encourages ongoing, formative, and outcomes-based modes of evaluation that ensure measurement of skills and application of knowledge. Teacher education, curriculum renovation, and infrastructure development are viewed as key to success of these reforms.

In all, NEP 2020 seeks to create an education system that develops creativity, critical thinking, employability, and lifelong learning. Its successful adoption has the potential to turn India into a global knowledge nation and provide inclusive and equitable opportunities for students.

Definition of Competency-Based Education (CBE)

Competency-Based Education (CBE) is an outcomes-oriented system of learning that prioritizes the development of particular skills, talents, and competencies over the successful completion of courses or academic credit hours. In this system, students advance according to demonstration of proficiency in specific competencies, promoting learning tailored to individual needs.

In contrast to conventional education systems focused on rote memorization and multiple-choice exams, CBE promotes active learning, critical thinking, and problem-solving. It accommodates pace and methodology flexibility, making it possible for learners to master in their own time. Competencies can be cognitive skills, technical know-how, communications, teamwork, creativity, and flexibility—abilities that are a must in today's workplace.

In NEP 2020, CBE has an imperative role in changing assessment systems, curricula, and pedagogy. It changes the discourse from "what is taught" to "what is learned and applied." This makes education not just knowledge-centric but also prepare students for actual problems of life as well as employability in the 21st century.

Objectives of the Study

- To examine the role of Competency-Based Education (CBE) in NEP 2020.
- To analyze the possible advantages of embracing CBE in the education system of India.
- To determine challenges of implementing CBE under NEP 2020.
- To discuss CBE with respect to conventional learning models in India.
- To propose recommendations for proper adoption of CBE in schools and higher education.

Scope and Limitations

Scope

- Emphasizes CBE as envisaged under NEP 2020.
- Includes both school and higher education.
- Enumerates possible advantages as well as implementation challenges.
- Relies on secondary data from reports, research studies, and policy documents.

Limitations

- Primarily based on conceptual and secondary data; sparse primary data.
- Challenges in implementing NEP 2020 could differ regionally and institutionally.
- Long-term implications of NEP 2020 are yet unclear because it was recently introduced.
- Digital divide and socio-economic issues are not adequately covered in this work.

Review of Literature

 NCERT (2005). National Curriculum Framework 2005. New Delhi: NCERT.Early movement towards minimizing rote learning and encouraging constructivist, competency-based pedagogy.

- NCERT (2017). Learning Outcomes at the Elementary Stage. New Delhi: NCERT.Led gradewise learning outcomes, paving the way for competency-based teaching.
- Arora, G. (2018). "Learning Outcomes and Competency-Based Pedagogy in Indian Schools."
 Indian Journal of Education and Research, 7(2). Emphasizes gaps in bringing policy-based outcomes into classroom practice.
- Rao, P. & Kumar, S. (2019). "Competency-Based Education: Challenges in Indian Classrooms."
 Journal of Indian Education, NCERT, 45(1). Points out teacher training and assessment limitations in implementing CBE.
- Chopra, R. (2018). "Assessing Competencies: A Study of CBSE's Continuous and Comprehensive Evaluation." Educational Review, 64(3). Asserts early reforms foreshadowed CBE, but were short on sustained assessment design.
- UNICEF India (2017). Competency-Based Learning in Indian Schools: A Policy Brief. Aims to align Indian education systems with international paradigms of transferable competencies.
- Kumar, R. (2019). "Teacher Readiness for Competency-Based Learning in India." International Journal of Education and Development, 9(2). Survey of teacher readiness indicates consciousness but low capability to implement CBE pedagogy.
- Agarwal, P. (2018). "Learning Outcomes and Competency-Based Curriculum: The Indian School Context." Contemporary Education Dialogue, 15(2).Reports on system gaps between curriculum intentions and school practices.
- CBSE (2019). Circular on Strengthening Assessment Practices. Policy shift toward competencybased school evaluations.
- Sharma, A. (2017). "Outcome-Based Learning in Indian Classrooms: A Case Study." Indian Streams Research Journal, 7(5). Mixed reactions by teachers in a case study of CBE feasibility.
- Mehta, S. (2016). "Competency-Based Pedagogy and Indian Higher Education." University News, AIU, 54(10). Promotes outcome-based learning in universities for workforce readiness.
- Azim Premji Foundation (2018). Policy Brief: Competency-Based Learning in India. Analyzes
 policies and implementation issues in state government schools.
- NCTE (2018). Teacher Education Curriculum Framework. New Delhi: NCTE.Emphasizes the importance of competency-based models of teacher training.
- Mukherjee, A. (2019). "Competency-Based Assessment: A Shift in Indian Education." Journal of Education Policy Studies, 6(2).Reflects on policy transition toward formative, results-oriented assessment prior to NEP.
- NAS (2017). National Achievement Survey. New Delhi: NCERT.Built on learning outcomes, propelling India towards competency-based assessment at scale.

Research Methodology

Research Design

Descriptive and analytical research design has been employed in the study. As the emphasis was on analyzing Competency-Based Education's role in NEP 2020, data were gathered from stakeholders to determine what they perceived as its potential benefits and challenges.

Sample Size and Sampling Technique

- **Sample Size:** 100 respondents (40 school teachers, 30 higher education staff, 20 teacher trainees, and 10 educational administrators).
- **Sampling Technique:** Convenience sampling is employed owing to ease of accessing participants in schools.

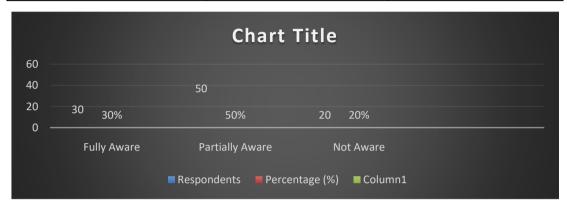
Methods of Data Collection

- Primary Data: Gathered with the help of a structured questionnaire consisting of close-ended and open-ended questions.
- Secondary Data: NEP 2020 reports, NCERT reports, NCTE reports, research papers, policy briefs, and government documents.

Data analysis

Table 1: Awareness about Competency-Based Education (CBE)

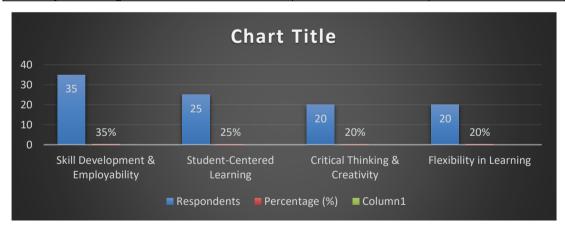
Awareness Level	Respondents	Percentage (%)
Fully Aware	30	30%
Partially Aware	50	50%
Not Aware	20	20%



Interpretation: Half of the respondents are only partially aware of CBE, showing the need for capacity-building programs.

Table 2: Perceived Benefits of CBE

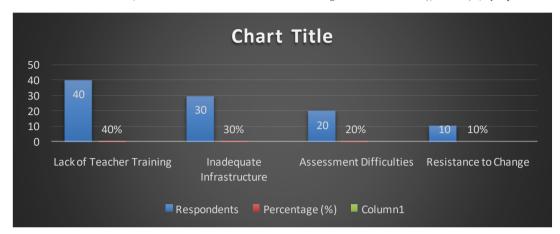
Benefits of CBE	Respondents	Percentage (%)
Skill Development & Employability	35	35%
Student-Centered Learning	25	25%
Critical Thinking & Creativity	20	20%
Flexibility in Learning	20	20%



Interpretation: The majority (35%) perceive skill development and employability as the main benefit, followed by student-centered learning (25%).

Table 3: Challenges in Implementing CBE

Challenges	Respondents	Percentage (%)
Lack of Teacher Training	40	40%
Inadequate Infrastructure	30	30%
Assessment Difficulties	20	20%
Resistance to Change	10	10%



Interpretation: Teacher preparedness (40%) is the biggest challenge, followed by lack of infrastructure (30%).

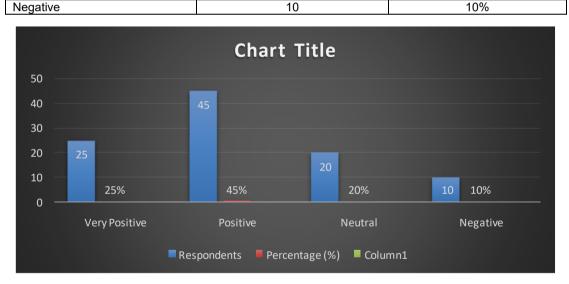
 Perception
 Respondents
 Percentage (%)

 Very Positive
 25
 25%

 Positive
 45
 45%

 Neutral
 20
 20%

Table 4: Overall Perception of NEP 2020 and CBE



Interpretation: 70% of respondents have a positive perception of NEP 2020's emphasis on CBE, but 30% remain neutral or skeptical.

Discussion

The implications of this research pinpoint both the potential and pitfall of introducing Competency-Based Education (CBE) in NEP 2020. The outcomes reveal that although most stakeholders appreciate the promise of CBE in facilitating skill building, employability, and learning-centered education, awareness levels are unequal. Just 30% claimed to be aware of the tenets of CBE to a full extent, while half are partially aware. This reflects a fundamental mismatch between policy intention and real comprehension at the grassroots level.

The advantages pointed out by the respondents resonate with international trends, given that CBE focuses on outcomes, flexibility, and all-around growth. Respondents are particularly aware that

CBE plays a vital role in closing the gap between education and work. It is in line with NEP 2020's vision of bringing the education system closer to the needs of the 21st-century knowledge economy. Its emphasis on critical thinking, creativity, and lifelong learning further underscores its value to India's demographic dividend.

Yet, some challenges were identified. Teacher preparedness was the most serious obstacle, with 40% attributing it to insufficient training. Limited infrastructure and challenges in creating competency-based tests were significant issues. The Indian education system's exam-oriented culture makes new methods more difficult to implement.

On the whole, the impression of NEP 2020 and CBE is still upbeat, with 70% of the respondents being hopeful about its transformative possibility. The implication, however, is that there is a compelling need for fundamental changes in teacher education, curriculum planning, assessment paradigms, and infrastructure to make it a reality.

Conclusion

The research concludes that Competency-Based Education (CBE), as envisioned under NEP 2020, holds great promise to revolutionize India's education system. By moving away from rote learning to skill and competency mastery, CBE can render education more relevant, inclusive, and in tune with international standards. Most respondents in this research had positive attitudes, especially towards CBE potential for improving employability, promoting critical thinking, and enabling learner-centric pedagogy.

Concurrently, a number of challenges pose to make it a smooth reality. Top among them is a lack of teacher training and readiness. Failure to enable teachers with the pedagogical competencies and assessment instruments needed, CBE becomes a theoretical concept instead of a classroom application. There are also infrastructure gaps, particularly in rural regions, which make it difficult since quality CBE necessitates the presence of resources, technology, as well as conducive learning environments. Moreover, the shift towards non-traditional exam-based approaches to continuous, formative, competency-based approaches is culturally and systemically difficult.

In spite of these impediments, NEP 2020 lays a solid ground for institutionalizing CBE in school and higher education. Its success will rely on interagency efforts by policymakers, instructors, and institutions. Strategic investment in teacher training, curriculum design, and infrastructure is critical. Furthermore, awareness campaigns must guarantee that educators and learners alike comprehend the objectives of CBE.

In conclusion, despite the challenges, the optimistic mindset of the stakeholders and the futuristic vision of NEP 2020 indicate that CBE can be a cornerstone in India's education revolution if executed well.

Recommendations

- Implement comprehensive teacher training programs in CBE pedagogy and assessment.
- Establish well-defined competency frameworks at the school and higher education levels.
- Invest in infrastructure and digital technologies to enable competency-based teaching.
- Create authentic and formative assessment models that align with competencies.
- Launch awareness campaigns for parents, teachers, and students regarding CBE.
- Offer flexible curricula and resources for varied learners.
- Promote pilot projects and case studies prior to mass roll-out.
- Make provision for equity of access by bridging rural-urban disparities and the digital divide.

References

- Samaddar, B. (2021). Shifting towards Competency Based Learning: Benefits, Challenges & Prospects from Indian Perspectives. IJNRD. Retrieved from https://www.ijnrd.org/papers/IJNRD2111006.pdf
- 2. Rathod, F. D., & Shrivastava, P. (2021). *Prospects and Implementation of NEP-2020: Competency Based Education for Employability*. IJSI. Retrieved from https://ijsi.in/wp-content/uploads/2023/04/18.02.008.20210604.pdf

- 3. British Council / Ecctis. (2021). Monitoring and Evaluation of the Competency-Based Education-CBSE Project: Executive Summary. Retrieved from
 - https://www.britishcouncil.in/sites/default/files/04. cbse-cbe me executive summary final.pdf
- 4. Guha Majumdar, M. (n.d.). Competency-Based Education in Indian Schools: Realities and Vision for the Future. Amrita. Retrieved from
 - https://www.researchgate.net/profile/Mrittunjoy_Guha_Majumdar2/publication/336204749_Competency-
 - Based Education in Indian Schools Realities and Vision for the Future/links/5fef91e69285 1c13fedf20ab/Competency-Based-Education-in-Indian-Schools-Realities-and-Vision-for-the-Future.pdf
- 5. "Monitoring and Evaluation of the Competency-Based Education-CBSE Project." (2021). *Ecctis / British Council India*. Retrieved from https://www.britishcouncil.in/sites/default/files/04_cbsecbe me executive summary final.pdf
- "Implementation of NEP 2020: Challenges and Opportunities in Pedagogical Innovation." (n.d.). SRJIS. Retrieved from
 - https://www.srjis.com/downloadPdf/13_%20IMPLEMENTATION%20OF%20NEP%202020%20 CHALLENGES%20AND%20OPPORTUNITIES.pdf
- 7. "Critical Analysis of NEP 2020 and Its Implementation." (2023). *IJNRD*. Retrieved from https://www.ijnrd.org/papers/IJNRD2306594.pdf
- 8. "Competency-Based Education: A Tool to Reform the Education System." (n.d.). *JETIR*. Retrieved from https://www.jetir.org/papers/JETIR2410281.pdf
- 9. "Implementation of NEP 2020: Challenges and Opportunities in Pedagogical Innovation." (n.d.). (Same as #6)
- 10. "Prospects and Implementation of NEP-2020: Competency Based Education for Employability." (Same as #2)
- 11. "Efficacy & Equity towards Education through Competency Based Learning." (n.d.). *IJCRT*. Retrieved from https://ijcrt.org/papers/IJCRT2012397.pdf
- 12. "A Critical Analysis of NEP 2020: Impact on School and Higher Education." (n.d.). *IOSR Journal of Humanities and Social Science*, Vol.30. Retrieved from https://www.iosrjournals.org/iosr-jhss/papers/Vol.30-lssue6/Ser-4/G3006044854.pdf
- 13. "Shifting towards Competency Based Learning: Benefits, Challenges & Prospects from Indian Perspectives." (Same as #1)
- 14. "Transformative Potential of NEP 2020 in Secondary Education." (n.d.). *AllResearch Journal*. Retrieved from https://www.allresearchjournal.com/archives/2023/vol9issue12/PartC/9-12-45-908.pdf
- 15. "Prospects and Implementation of NEP-2020: Competency Based Education for Employability." (Same as #2)
- 16. "Skill Based Education in the Context of NEP-2020: A Research Perspective." (n.d.). NDPublisher. Retrieved from https://ndpublisher.in/admin/issues/EQv16n1k.pdf
- 17. "Enhancing Skill-Based Education in India: A Comprehensive Analysis." (n.d.). IJRPR. Retrieved from https://ijrpr.com/uploads/V5ISSUE5/IJRPR28038.pdf
- 18. "Revolutionizing Classroom Learning through NEP 2020: Bridging Policy & Practice." (n.d.). Multiarticles Journal. Retrieved from https://multiarticlesjournal.com/counter/d/4-4-36/IJCRM20254436.pdf
- 19. "Efficacy & Equity towards Education through Competency Based Learning." (Same as #11)
- 20. "Monitoring and Evaluation of the Competency-Based Education-CBSE Project: Executive Summary." (Same as #3).

