

Genus *Brassica*: A Review on Phytochemical Composition and Pharmacological Properties

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ABSTRACT

The *Brassica* genus, member of the most prominent family in the plant kingdom that is rich in medicinal plants. It is indexed into condiment, vegetable, forage, and oilseed crops based on their usable plant parts such as seeds, roots, stems, buds, leaves, and inflorescences. Cruciferous vegetables are a good source of various nutritious and health- growing phytochemicals including alkaloids, brassinosteroids, glucosinolates, glycosides, poly phenolic compounds, sterols, and triterpene alcohols, vitamin C, proteins, and carbohydrates. This review provides a brief discussion on phytochemical composition and biological activities by screening the online scientific database sources and publications. Various extracts and isolated compounds of different species have been known to possess wide-ranging pharmacological applications such as antioxidant, anti-inflammatory, antimicrobial, fungicidal, anticarcinogenic, antidiabetic, hepatoprotective, anti-HIV, and acetylcholinesterase (AChE) inhibitory activity etc. The available preclinical information on these easily cultivable and edible plants strongly suggests that it could as well be a sustainable source for affordable nutraceuticals and drugs.

Keywords: *Brassica*, Medicinal Plants, Phytochemical Composition, Pharmacological Applications, Glucosinolates.

Introduction

Brassica is the most economically important genus in the mustard family Cruciferae (Brassicaceae). It is one of the most prominent families in the plant kingdom, rich in medicinal plants. The initial term 'Cruciferae' originated due to a distinctive cross-form arrangement of petals¹. Cruciferae comprises 3000 species grouped in 350 genera, considering essential food crops such as *Brassica*, *Lepidium*, *Nasturtium*, *Raphanus*, and *Crambe*^{2,3} etc.

The genus *Brassica*, constitutes 150 different species is the preeminent one within the tribe Brassiceae⁴. It is indexed into condiment, vegetable, forage, and oilseed crops based on their usable plant parts such as seeds, roots, stems, buds, leaves, and inflorescences⁵. Cruciferous vegetables are a good source of various nutritious and health- growing phytochemicals⁶ including alkanes, ketones, tannins, saponins, alkaloids, brassinosteroids, glucosinolates, glycosides, flavonoids, phenolic compounds, sterols, and triterpene alcohols, vitamin C, proteins, and carbohydrates. The characteristic secondary metabolite glucosinolate exhibits antibacterial, anticancer, and antifungal properties⁷. Mustard seeds are widely used as a traditional pungent spice, source of cooking oil and for treating malignant tumors in China⁸. The essential oil of *B. juncea* seeds, also referred to as mustard oil, has also been used in hair care cosmetic products⁹, as an antidote in poisoning circumstances¹⁰. In general, the contents of these phytochemicals in seeds of above family grown in the tropical environment are higher than of those grown in temperate region¹¹.

Taken together, available preclinical information on this easily cultivable and edible plant strongly suggests that it could as well be a sustainable source for affordable nutraceuticals and drugs, potentially useful for the prevention and cure of diverse types of non-communicable diseases of the 21st century.

S. No.	Plant Species/ Name of Compound	Plant part/ Type of Compound	Biological Activity	Ref.
1.	<i>Brassica alba</i>			
	Sinabin (1) β -Sitosterol	Seeds	anti-androgen and anti-inflammation activities	[12]
2.	<i>Brassica chinensis</i>			
	Myricetin (2) Quercetin(3) Kaempferol(4) Isorhamnetin(5) α -Carotene β -Carotene	Flavonols, Carotenoids		[13] [14]
	Plastochromanol-8(6)	Seed oil	antioxidant activity	
3.	<i>Brassica campestris</i>(rapeseed)			
	di-D-galactosyl-myo-inositol(7)	Seed meal, Carbohydrate		[14] [15]
	Plastochromanol-8	Seed oil	antioxidant activity	
4.	<i>Brassica campestris</i>L. ssp. <i>Chinensis</i> var. <i>communis</i>			
\	Kaempferol-3-O-glucoside-7-O-glucoside, Kaempferol-3-O-(caffeoyl/sinapoyl/feruloyl/ coumaroyl) diglucoside-7-O-glucoside, Kaempferol-3-O-hydroxy-feruloyldiglucoside-7-O- glucoside, Isorhamnetin-3-O-glycoside-7-O-glycoside, Kaempferol-3-O-hydroxy-feruloylsphoroside-7-O- glucoside (Kaempferol-3-O- β -D-[2-hydroxyferuloyl]- β - D-glucopyranosyl-(1 \rightarrow 2)-glucopyranoside]-7-O- β -D- glucopyranoside)(8)	Flavonoids	antioxidant activity	[16]
	Monocaffeoylquinic acid, Caffeoylglycoside, Coumaroylquinic acid, Feruloylquinic acid, Sinapoylglycoside, Disinapoyldiglycoside, Sinapoylferuloyldiglycoside, Trisinapoyldiglycoside, Disinapoylferuloyldiglycoside	Hydroxycinnamic acid derivatives		
	Caffeoylmalate (9), Hydroxyferuloylmalate(10), Coumaroylmalate (11), Feruloylmalate (12), Sinapoylmalate (13)	Phenylpropanoids		
5.	<i>Brassica carinata</i>			
	Sinigrin(14)	Glucosinolate		[17]
6.	<i>Brassica juncea</i>			
	β -Sitosterol(15), Campesterol(16), 22-Dehydrocampesterol [(24S)-24-methylcholesta-5, E-22-dien-3 β -ol], brassicasterol (24R-epimer)(17), 24-Methylene-25-methylcholesterol (24, 25- dimethylcholesta-5,24(28)-dien-3 β -ol)(18)	Seed sterol	anticancer activity	[18]
	p-hydroxybenzyl glucosinolate(19), 9-(methylsulfonyl)nonyl glucosinolate(20), 8-(methylsulfonyl) octyl glucosinolate(21)	Seed glucosinolate, Methanolic		[19]
	Sinigrin	Seeds, Leaves	goitrogenic activity	[20]
	Allyl isothiocyanates, Phenyl isothiocyanates	Isothiocyanates	fungicidal, antitumor, antimicrobial and antioxidant activity	[21]
	Sinapine(22),Sinapic acid (23)(3,5-dimethoxy-4- hydroxycinnamic acid), Sinapoyl glucose, 1-O- β -D-glucopyranosyl sinapate,	Seed acids, methanolic extract	antioxidant activity, peroxynitrite	[22]

	Vinylsyringol, p-hydroxybenzoic acid, Syringic acid, p-Coumaric acid, Ferulic acid, Protocatechuic acid, Vanillic acid, Caffeic acid, Gentisic acid, Chlorogenic acid (24)		scavenging activity, anxiolytic, cognition improving activity	
	Brassicalexin	Elicited leaves	antifungal phytoalexin	[23]
	Cyclobranol (25)	Triterpene alcohol		[24]
	Se-methyl selenomethionine, (SeMMet)selenomethionine, Se-methylselenocysteine, S-(methylseleno)cysteine	shoot, root and leaves, organoselenium compounds	phytoremediation antiviral and antibacterial agents	[25]
	Isorhamnetin 3,7-di-O- β -D-glucopyranoside (26), Kaempferol 3-O-(2-O-feruloyl)- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranoside, 1-O-sinapoyl glucopyranoside (27), Kaempferol 7-O- β -D-glucopyranosyl-(1 \rightarrow 3)-[β -D-glucopyranosyl-(1 \rightarrow 6)]glucopyranoside(28), Kaempferol 3-O-(2-O-feruloyl)- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranoside)-7-O- β -D-glucopyranoside (29), Kaempferol 3-O- β -D-glucopyranosyl-(1 \rightarrow 2)-O- β -D-glucopyranoside-7-O- β -D-glucopyranoside (30)	Leaves Flavonoid <i>n</i> -BuOH fraction MeOH extract	<i>in-vitro</i> and <i>in-vivo</i> antioxidant effect	[26]
	Kaempferol 3-O-(2-O-sinapoyl- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranoside)-7-O- β -D-glucopyranoside (31), Kaempferol 3-O-(2-O-sinapoyl- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranoside)-7-O- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranoside (32), Kaempferol 3-O- β -D-glucopyranosyl-(1 \rightarrow 2)- β -D-glucopyranoside)-7-O- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranoside (33)	Leaves flavonoids, water fraction	<i>in-vitro</i> antioxidant activity	[27] [28] [29]
	Cyclobrassinin, Spirobrassinin, Rutalexin, Indolyl-3-acetonitrile, Caulilexin (1-methoxyindolyl-3-acetonitrile), Arvelexin (4-methoxyindolyl-3-acetonitrile), N'-acetyl-3-indolylmethanamine	Leaves	antifungal activity	
	Plastochromanol-8	Seed oil	antioxidant activity	
	β -Sitosterol, Linoleic acid, α -Linolenic acid, Trilinolenin, Lutein, β -Carotene	Leaves, DCM extract, Sterols, essential fatty acids, Carotenes	anticancer, protective effects against cardiovascular disorders, anti-oxidant effect, anti-inflammatory	
	Napins Juncin	Protein	antifungal, allergenicity	
7.	Brassica napus			
	24-methylenelanost-8-en-3 β -ol, 4 α , 14 α , 24-trimethylcholesta-8,24-dien-3 β -ol(34), 4 α , 14 α , 24-trimethyl-9 β , 19-Cyclocholest-24-en-3 β -ol (35)	Seed sterols, Triterpene alcohol		[30-35]
	6-(α/β)-D-glucopyranosyl linolenate, 6-(α/β)-D-glucopyranosyl linoleate, 6-(α/β)-D-glucopyranosyl oleate, 6-(α/β)-D-glucopyranosyl palmitate, 1-(α/β)-D-glucopyranosyl palmitate, 2 α :2 β -D-glucopyranosyl palmitate	Fatty acid esters from pollen		
	Brassicasterol, Campesterol, Stigmasterol, Sitosterol, Avenasterol(36)	Phytosterols	anticancer and anti-hypertensive	
	Kaempferol 3-O- β -D-(2-sinapoyl- β -D-glucopyranosyl-(1 \rightarrow 2)glucopyranoside)-7-O- β -D-glucopyranoside	Leaves, Flavonol glycoside		
	Plastochromanol-8 (PC-8)	Buds, Flower,	antioxidant	

		Pods,Seed, Leaves	activity	
	Glucobrassicinapin, Progoitrin Gluconapin	Leaves, Aliphatic glucosinolates		
	(-)-Epicatechin, Kaempferol-sinapoyl-trihexoside, Quercetin-3-O-glucoside, Quercetin-dihexoside, Isorhamnetin-3-O-glucoside, Isorhamnetin- dihexoside, Isorhamnetin-hexosidesulfate, Isorhamnetin-sinapoyl-trihexoside	Seed coat Flavonoids		
	Sinapoylglucose, 1-O-E-caffeoyl- β -gentiobiose (37), 1-O-E-(5-hydroxyferuloyl)- β -glucopyranose (38), Kaempferol 3-O-sophoroside-7-O- β -glucopyranoside (30), Kaempferol 3-O-(2"-O-E-sinapoylsophoroside) -7-O- β -D-glucopyranoside (31), Kaempferol 4'-O-(6-O-E-sinapoyl β - glucopyranoside)-3,7-di-O- β -D-glucopyranoside (39), Spermidine conjugate (40), Kaempferol 3-O-sophoroside-7-O-(2-O-E-sinapoyl β - glucopyranoside) (41), 1,2-Di-O-E-sinapoyl- β -gentiobiose (42), 1,2-Di-O-E-sinapoyl- β -glucopyranose (43), 1,2,2'-Tri-O-E-sinapoyl- β -gentiobiose (44), 1,6-Di-O-E-sinapoyl- β -glucopyranose (45), 1,2,6'-Tri-O-E-sinapoyl- β -gentiobiose (46)	Seeds, Methaolic extract Gentiobiose esters, Glucose esters, Kaempferol sinapoylglucoside s an unusual cyclic spermidine amide		
8.	Brassica nigra			
	Myricetin, Fisetin, Morin, Quercetin Kaempferol, Isorhamnetin	Flavonols		[12]
	Sinigrin, Sinapic acid, Sinapine	acids		
9.	Brassica oleracea var. acephala			
	1-Sinapoylgentiobioside, Sinapoylcholine, Kaempferol-3-O-(sinapoyl)-diglucoside-7-O- glucoside, Kaempferol-3-O-(sinapoyl)-triglucoside-7-O- glucoside, Kaempferol-3-O-triglucoside-7-O- glucoside, Kaempferol-3-O-diglucoside-7-O- glucoside, 1,2-Disinapoylglucoside, 1,2-Disinapoylgentiobioside, 1,2,2'-Trisinapoylgentiobioside, Quercetin-3-O-diglucoside-7-O-glucoside, Isorhamnetin-3-O-diglucoside-7-O-glucoside	Seed phenolics	acetylcholinest erase (AChE) inhibitory activity <i>in vitro</i>	[36-37]
	4-methylsulfinylbutyl Isothiocyanate	Sulforaphane	anticancer	
	Quercetin-3-O-sophoroside, Quercetin-3-O-sophoroside-7-O-glucoside, Quercetin-3-O-(sinapoyl/feruloyl)sophoroside-7-O- glucoside, Quercetin-3-O-(feruloyl) sophoroside-7-O- diglucoside, Quercetin-3-O-(sinapoyl/feruloyl) sophoroside, Quercetin-3-O-sophoroside-7-O-diglucoside, Quercetin-3-O-sophorotrioxide-7-O-glucoside, Quercetin-3-O-sophorotrioxide-7-O-diglucoside, Kaempferol-3-O-sophoroside, Kaempferol-3-O- (sinapoyl/feruloyl) sophoroside, Kaempferol-3-O- sophoroside-7-O-glucoside, Kaempferol-3-O- sophorotrioxide-7-O-glucoside, Kaempferol-3-O- (methoxy caffeoyl/ caffeoyl) sophoroside-7-O- glucoside, Kaempferol-3-O-(sinapoyl/feruloyl/p- coumaroyl) sophoroside-7-O-glucoside, Kaempferol- 3-O-(sinapoyl/feruloyl/p-coumaroyl) sophoroside-7-O- diglucoside, Kaempferol-3-O-gentiobioside-7-O-	Leaves, Aqueous extract Flavonoid and Acylated flavonoid glycosides	anti-oxidant activity	

	glucoside, Kaempferol-3-O-gentiobioside-7-O-diglucoside, Kaempferol-3-O-(p-coumaroyl)gentiobioside-7-O-glucoside, Isorhamnetin-3-O-sophoroside-7-O-glucoside, Isorhamnetin-3-O-sophoroside-7-O-diglucoside, Isorhamnetin-3-O-gentiobioside-7-O-glucoside, Disinapoyl-gentiobioside, Diferuloyl-gentiobioside, Sinapoyl, Feruloyl-gentiobioside, Disinapoyl, feruloyl-gentiobioside			
	Kaempferol-3-(2-(sinapoyl/feruloyl)glucopiranosyl(1,2) glucopiranoside)-7-(glucopiranosyl(1,4)glucopiranoside)	flavonoid glycosides		
10	Brassica oleracea L. var. botrytis			
	1,2-Disinapoyl-diglucoside, 1-Sinapoyl-2-feruloyl-diglucoside, 1,2,2'-Trisinapoyl-diglucoside, Sinapic acid, 1,2'-Disinapoyl-feruloyl-diglucoside	Methanolic extract, Sinapic acid derivatives		[38-44]
	Glucosylsin, glucoiberberin, glucobrassicin Neoglucobrassicin, 4-hydroxygluco brassicin 4-methoxygluco brassicin	Glucosinolates		
	Quercetin-7-O-diglucoside, Quercetin-3-O-diglucoside-7-O-glucoside, Quercetin-3-O-coumaroyl glucoside-7-O-hydroxyferuloylglucoside, Kaempferol-3-O-glucoside, Kaempferol-3-O-diglucoside, Kaempferol-3-O-triglucoside, Kaempferol-3-O-diglucoside-7-O-diglucoside, Kaempferol-3-O-diglucoside-7-O-(hydroxyferuloyl/ feruloyl)glucoside, Kaempferol-3-O-coumaroyldiglucoside-7-O-(hydroxyferuloyl)glucoside, Kaempferol-3-O-(coumaroyl/feruloyl/sinapoyl)diglucoside-7-O-glucoside, Kaempferol-3-O-feruloyldiglucoside-7-O-diglucoside, Kaempferol-3-O-(sinapoyl/coumaroyl/feruloyl)diglucoside	Leaves, MeOH extract, Flavonoid glycosides	anti-oxidant activity, angiotensin converting enzyme inhibitory activity, anti-obesity activity	
	Kaempferol-O, C-tetraglucoside, Kaempferol-O, C-pentaglucoside, Kaempferol-O, C-hexaglucoside, Kaempferol-O, C-hydroxy feruloyltetraglucoside, Kaempferol-O, C-feruloylpentaglucoside	Putative C glycosides		
	Kaempferol, Quercetin	Aglycones		
	Sinapic acid, Ferulic acid	Phenolic acids		
	Isalexin, S-(-)-Spirobrassinin, 1-Methoxybrassicin, Brassicanal C, Caulilexins A, Caulilexins B, Caulilexins C	Florets	phytoalexin, antifungal activity	
	Se-Methylselenocysteine	Organoselenium compounds	Phytoremediation, antiviral, antibacterial agents	
	4-methylsulfinylbutyl Isothiocyanate (Sulforaphane)	Seed	anticancer effect	
	Kaempferol-7-glucoside, Kaempferol 7-diglucoside, Kaempferol 3-triglucoside-7-glucoside, Kaempferol 3-sinapoyltriglucoside-7-glucoside, Kaempferol 3-sinapoyltriglucoside-7-diglucoside, Kaempferol 3-caffeoyldiglucoside-7-	Leaves, Aqueous extract		

	glucoside, Kaempferol 3-glucoside-7-glucoside, Kaempferol 3-sinapoyltrigluconide, Kaempferol 3-sinapoyldigluconide, Kaempferol 3-disinapoyltrigluconide-7-digluconide, Kaempferol 3-disinapoyltrigluconide-7-glucoside			
	Cyanidin-3-glucoside (47), Cyanidin-3-glucoside-5-glucoside(48), Cyanidin 3-sophoroside-5-glucoside (49), Cyanidin 3-(6-p-coumaryl) sophoroside-5-glucoside (50), Cyanidin 3-(6-feruloyl) sophoroside-5-glucoside(51), Cyanidin 3-(6-sinapyl) sophoroside-5-glucoside (52), Cyanidin 3-(6-p-coumaryl) sophoroside-5-(6-sinapyl)- glucoside (53),Cyanidin 3-(6-feruloyl) sophoroside-5- (6-sinapyl)-glucoside (54), Cyanidin 3-(6-sinapyl)- sophoroside-5-(6-sinapyl)-glucoside (55)	Floret, Anthocyanins		
11.	<i>Brassica oleracea L. var capitata</i> Rutin, Kaempferol 3-sophoroside-7-glucoside (Kaempferol 3-O-β-D-glucopyranosyl (1→2)-β-D-glucopyranoside- 7- β-D-glucopyranoside), Kaempferol 3-O-β-D-(2-E- sinapoyl-β-D-glucopyranosyl (1→2)glucopyranoside)- 7-O- β-D-glucopyranoside, Kaempferol 3-O-β-D-(2-E- feruloyl-β-D-glucopyranosyl (1→2) glucopyranoside)- 7-O- β-D-glucopyranoside, Kaempferol 3-O-β-D-(2-E- p-coumaroyl- β-D-glucopyranosyl (1→2) glucopyranoside)-7-O- β-D-glucopyranoside (56), Kaempferol 3-O-β-D-(2-E-caffeoyl-β-D- glucopyranosyl (1→2) glucopyranoside)-7-O- β-D- glucopyranoside (57), Quercetin 3-O-β-D-(2-E-feruloyl- β-D-glucopyranosyl (1→2) glucopyranoside)-7-O- β-D-glucopyranoside (58), Quercetin 3-O-β-D-(2-E-caffeoyl- β-D-glucopyranosyl (1→2) glucopyranoside)-7-O- β-D-glucopyranoside (59)	Leaf Flavonoid, Acylated flavonol glycoside	antioxidant activity	[42][45- 49]
	Selenocystathionine, Se-methylselenocysteine, Selenomethionine,Se- Methylselenocysteine Se-oxide	Organoselenium compounds	Phytoremediati on,antiviral, antibacterial agents	
	Glucoiberin, Progoitrin, Epiprogoitrin, Sinigrin, Glucoarafanin, Gluconapoleiferin Glucoalisin, Gluconapin, Glucobrassicin, 4-Hydroxybrassicin Glucobrassicinapin, Gluconasturcin ,4-Metoxyglucobrassicin Neoglucobrassicin	Glucosinolates	anticarcinogeni c properties, antioxidant activity	
	Cyanidin 3-digluconide, Cyanidin 3,5-digluconide Cyanidin 3-(sinapoyl) glucoside-5-glucoside, Cyanidin 3-digluconide-5-glucoside, Cyanidin 3-(sinapoyl/ feruloyl/ caffeoyl/ glycopyranosyl-sinapoyl)-digluconide-5-glucoside, Cyanidin 3-(caffeoyl) (p-coumaroyl)-digluconide-5- glucoside, Cyanidin 3-(sinapoyl) (p-coumaroyl)- digluconide-5-glucoside, Cyanidin 3-(sinapoyl) (sinapoyl)-digluconide-5-glucoside, Cyanidin 3- (feruloyl) (sinapoyl)-digluconide-5-glucoside, Cyanidin 3-(malonoyl) (p-hydroxybenzoyl) trigluconide -5-glucoside, Cyanidin 3-(sinapoyl) (p- coumaroyl)-trigluconide-5-glucoside, Cyanidin 3- (feruloyl) (sinapoyl)-trigluconide-5-glucoside, Cyanidin 3-(sinapoyl) (sinapoyl)-trigluconide-5- glucoside, Cyanidin 3-digluconide-5-xyloside, Cyanidin 3-(sinapoyl) digluconide-5-xyloside,	Anthocyanins	neurodegenera tive declines, cancer protection and suppression, improve cardiovascular health, stimulate insulin secretion, and ameliorate oxidative stress	

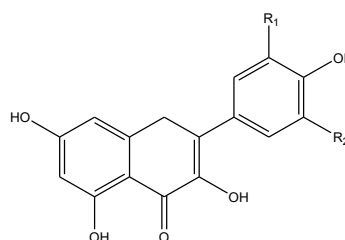
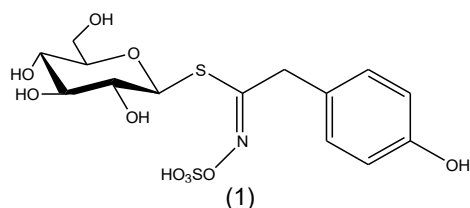
	Peonidin 3,5-diglucoside, Peonidin 3-diglucoside-5-glucoside			
12.	Brassica oleracea var. costata			
	1-Sinapoylgentiobioside, Sinapoylcholine, 1-Sinapoylglucoside, 1,2-Disinapoylglucoside, 1,2-Disinapoylgentiobioside, 1,2,2'-Trisinapoylgentiobioside, Kaempferol 3-O-(sinapoyl) diglucoside-7-O-glucoside, Kaempferol 3-O-(sinapoyl) triglucoside-7-O-glucoside, Kaempferol 3-(sinapoyl) sophorotrioside-7-glucoside, Kaempferol 3,7-diglucoside-4'-(sinapoyl) glucoside	Seed phenolics, aqueous extract Leaves phenolics	acetylcholinest erase (AChE) inhibitory activity	[50-51]
	Oxalic acid, Pyruvic acid, Quinic acid, Malic acid, Shikimic acid, Citric acid, Aconitic acid, Fumaric acid	Seed and internal leaves organic acids	Antioxidant activity	
	Kaempferol 3-O-sophoroside-7-O-glucoside, Kaempferol 3-O-sophorotrioside-7-O-glucoside(60), Kaempferol 3-O-(caffeoyl/ sinapoyl) sophoroside-7-O-glucoside, Kaempferol 3-O-(caffeoyl/ methoxy caffeoyl) sophoroside-7-O-glucoside(61), Kaempferol 3-O-sophorotrioside-7-O-sophoroside(62), Kaempferol 3-O-sophoroside-7-O-sophoroside(63), Kaempferol 3-O-tetraglucoside-7-O-sophoroside(64), Kaempferol 3-O-(feruloyl/caffeoyl)sophoroside-7-O-glucoside(65), Kaempferol 3-O-sophorotrioside (66), Kaempferol 3-O-(sinapoyl) sophoroside (67), Kaempferol 3-O-(feruloyl) sophorotrioside (68), Kaempferol 3-O-(feruloyl) sophoroside (69), Kaempferol 3-O-sophoroside (70), Kaempferol 3-O-glucoside(71), 1,2'-Disinapoyl-2-feruloylgentiobiose, Sinapoyl-2-feruloylgentiobiose	Leaves Phenolics		
	3-(caffeoyl/ p-coumaroyl/ feruloyl) quinic acid, 4-(caffeoyl/ p-coumaroyl) quinic acid, caffeoyl, feruloylquinic acid, Kaempferol 3-O-sophoroside, Kaempferol 3-O-(feruloyl/ caffeoyl/ methoxycaffeoyl) sophorotrioside, Kaempferol 3-O-(methoxycaffeoyl/ sinapoyl/ caffeoyl) sophorotrioside-7-O-sophoroside, Kaempferol 3-O-(caffeoyl/sinapoyl/ feruloyl/ methoxycaffeoyl/ disinapoyl) sophorotrioside-7-O-glucoside, Kaempferol 3-O-(feruloyl/sinapoyl) sophorotrioside-7-O-rhamnoside, Quercetin 3-O-sophoroside, Quercetin 3-O-(sinapoyl) sophorotrioside, Quercetin 3-O-(sinapoyl/ disinapoyl) sophorotrioside-7-O-glucoside, sinapoyl, feruloyl, caffeoyl-gentiobioside, Methoxycaffeoyl-gentiobioside, Disinapoyl, methoxycaffeoyl-gentiobioside, Disinapoyl, caffeoyl-gentiobioside, 1-Sinapoyl, 2-feruloyl-gentiobioside, Diferuloyl, sinapoyl-gentiobioside 1,2,2'-Trisinapoyl-gentiobioside, 1,2'-Disinapoyl, 2-feruloyl-gentiobioside,	Shoots	antioxidant activity	
13	Brassica oleracea spp italic			
	Gluciberin, Progoitrin, Sinigrin, Glucoraphanin, Gluconapin, 4-Hydroxyglucobrassicin, Glucoiberverin, Glucoerucin, 4-Methoxyglucobrassicin	Seed glucosiolates		[52-53]
	1,2-Disinapoyldiglucoside, 1-Sinapoyl-2-feruloyldiglucoside, 1,2,2'-Trisinapoyldiglucoside, 1,2'-Disinapoyl-2-feruloyldiglucoside	Floret phenolics	antimicrobial, antioxidant activity	
	Z-4-(methylsulfinyl)-N-(sulfoxy)-2((2'S, 3'R, 4'S, 5'S,	Floret		

	6'R)-2'-mercaptotetrahydro-3',4',5'-trihydroxy-6'(hydroxymethyl)-2H-pyran-2-yl) butanimidic acid (72), Z-1-((2S, 5S)-5-hydroxytetrahydro-2H-pyran-2-ylthio-2-(1H-indol-3-yl) ethylidene aminosulphate (73), Cinnamoyl (6'-O-trans-(4"-hydroxycinnamoyl)-4-(methylsulfinyl) butyl glucosinolate) (74)	glucosinolates		
	3-Butenyl isothiocyanate, Sulforaphane, 2-Methyl-2-nitropropane, Butyronitrile, 1,4-diformyloxy-2-isocyanobutane, 3-Methyl-1-(methylsulfinyl)butane	Seeds, Sprouts, Floret and Leaves	anticancer, free radical scavenging, antiproliferative activities	
14	Brassica oleracea var oleracea Sinapoylcholine, Kaempferol 3-O-sophoroside-7-O- β -glucopyranoside, 1,6-Di-O-sinapoylglucose, 1,2-Di-O-E-sinapoyl- β -glucopyranose, 1,2-Di-O-E-sinapoyl- β -gentiobiose, 1,2,2'-Tri-O-E-sinapoyl- β -gentiobiose, Spermidine conjugate	Seed		[57]
16	Brassica oleracea var. sabellica Chlorogenic acid, Kaempferol 3-O-(sinapoyl) sophoroside-7-O-glucoside, Kaempferol 3-O-(feruloyl) sophoroside-7-O-glucoside, Kaempferol 3-O-(hydroxyferuloyl) sophoroside-7-O-glucoside [Kaempferol 3-O- β -D-(2-E-hydroxyferuloyl- β -D-glucopyranosyl-(1 \rightarrow 2) glucopyranoside)-7-O- β -glucopyranoside] (75),	Leaves	antioxidant activity	[54-55]
	Quercetin 3-O-(sinapoyl) sophoroside-7-O-glucoside [Quercetin 3-O- β -D-(2-E-sinapoyl- β -D-glucopyranosyl-(1 \rightarrow 2) glucopyranoside)-7-O- β -glucopyranoside] (76), Kaempferol 3-O-(sinapoyl) sophoroside-7-O-diglucoside [Kaempferol 3-O- β -D-(2-E-sinapoyl- β -D-glucopyranosyl-(1 \rightarrow 2) glucopyranoside)-7-O- β -D-glucopyranosyl-(1 \rightarrow 4)-glucopyranoside] (77), Kaempferol 3-O-(feruloyl) sophoroside-7-O-diglucoside (78), Kaempferol 3-O-(disinapoyl) triglucoside-7-O-glucoside (79), 1,2-Disinapoyl-gentiobioside (80) (6-O- β -D-glucopyranosyl- β -D-(1,2-di-O-sinapoyl) glucopyranose), 1-Sinapoyl, 2-feruloyl-gentiobioside (81)(6-O- β -D-glucopyranosyl- β -D-(1-O-sinapoyl, 2- O-feruloyl) glucopyranose)			
	Quercetin-7-O-glucoside, Isorhamnetin/ Kaempferol/ Quercetin-3-O-glucoside, Isorhamnetin/ Kaempferol/ Quercetin-3-O-sophoroside, Isorhamnetin/ Kaempferol/ Quercetin-3-O-gentiobioside, Isorhamnetin/ Kaempferol/ Quercetin-3-O-glucoside-7-O-glucoside	Flavonol mono- and diglycosides		
	Isorhamnetin/ Quercetin/ Kaempferol-3-O-triglucoside, Isorhamnetin/ Quercetin/ Kaempferol-3,4',7-O-triglucoside, Isorhamnetin/ Quercetin/ Kaempferol-3-O-sophoroside-7-O-glucoside, Isorhamnetin-3-gentiobioside-7-O-glucoside	Flavonol triglycosides		
	Isorhamnetin/ Quercetin/ Kaempferol-3-O-	Flavonol		

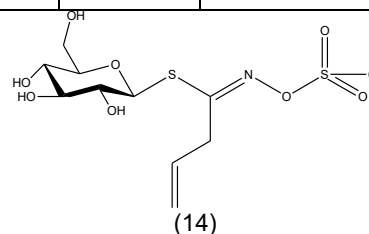
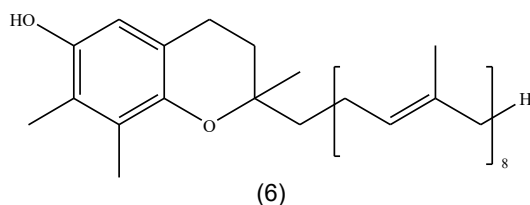
	sophoroside-7-O-diglucoside	tetraglycosides		
	Quercetin-3-O- (sinapoyl/ feruloyl/ caffeoyl/ hydroxyferuloyl) sophoroside, Kaempferol-3-O- (sinapoyl/ feruloyl/ coumaroyl/ caffeoyl/ hydroxyferuloyl) sophoroside	Monoacylated flavonol diglycosides		
	Kaempferol/ Quercetin 3-O-coumaroyl-sophoroside-7-O-glucoside, Kaempferol/ Quercetin 3-O-(feruloyl/ hydroxyferuloyl)-sophoroside-7-O-glucoside, Kaempferol/ Quercetin 3-O-(caffeoyl/ sinapoyl)-sophoroside-7-O-glucoside, Isorhamnetin 3-O-(sinapoyl)-sophoroside-7-O-glucoside	Monoacylated flavonol triglycosides		
	Kaempferol 3-O-(feruloyl/ hydroxyferuloyl)-sophoroside-7-O-diglucoside, Kaempferol 3-O-(sinapoyl/ caffeoyl)-sophoroside-7-O-diglucoside, Quercetin 3-O-sophoroside-7-O-(sinapoyl/ feruloyl)-diglucoside, Isorhamnetin 3-O-(feruloyl)-sophoroside-7-O-diglucoside	Monoacylated flavonol tetraglycosides		
	Kaempferol/ Quercetin 3-O-(disinapoyl)-triglucoside-7-O-D-glucoside, Kaempferol/ Quercetin 3-O-(sinapoyl, feruloyl)-triglucoside-7-O-D-glucoside, Kaempferol/ Quercetin 3-O-(sinapoyl)-diglucoside-7-O-D-diglucoside	Diacylated flavonol tetraglycosides		
	Kaempferol 3-O-(disinapoyl)/(diferuloyl)/ (sinapoyl, feruloyl)-triglucoside-7-O-D-diglucoside, Quercetin 3-O-(sinapoyl, feruloyl)-triglucoside-7-O-D-diglucoside, Quercetin 3-O-(sinapoyl)-triglucoside-7-O-(sinapoyl)-diglucoside, Isorhamnetin 3-O-(disinapoyl)-triglucoside-7-O-D-diglucoside	Diacylated flavonol pentaglycosides		
17	Brassica rapa			
	Gluconapin, Glucobrassicinapin Progoitrin, Epiprogoitrin, Glucoiberin Glucoiberin, Glucoraphanin Glucoalyssin, Gluconapoleiferin Glucoerucin, Glucobrassicin Neoglucobrassicin, 4-Hydroxyglucobrassicin, 4-Methoxyglucobrassicin, Gluconasturtiin, Dihydrogluconapin, Glucotropaeolin	Leaves, Flower Buds, Seeds, Turnip tops and greens glucosinolates	goitrogenic <i>in vivo</i> , chemoprotective, anti-proliferative, apoptosis of cancer cells, antioxidant, antimicrobial activity	[56-59]
	Sinapoyl/ caffeoyl/ coumaroyl malate, Feruloyl/ 5-hydroxyferuloyl malate	Leaves, methanolic-water extract, Phenyl propanoids		
	Kaempferol/ Quercetin/ Isorhamnetin-7-O-glucoside, Kaempferol/ Quercetin/ Isorhamnetin-3,7-di-O-glucoside, Kaempferol/ Quercetin-3-O-sophoroside, Kaempferol/ Quercetin-3-O-sophoroside-7-O-glucoside, Kaempferol-3-O-triglucoside-7-O-glucoside	Turnip greens, Turnip tops, Leaves Deacylated flavonoids		
	Quercetin 3-O-(feruloyl) sophoroside, Kaempferol 3-O-(sinapoyl/ caffeoyl/methoxycaffeoyl) sophoroside, Kaempferol/ Quercetin 3-O-(caffeoyl/	Acylated flavonoids		

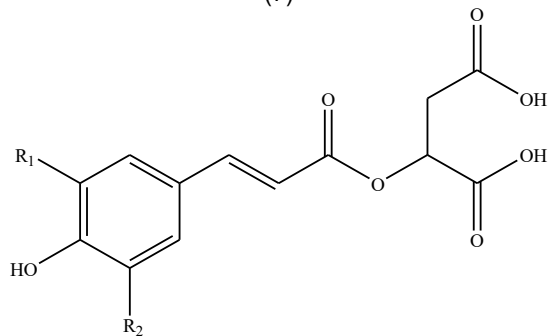
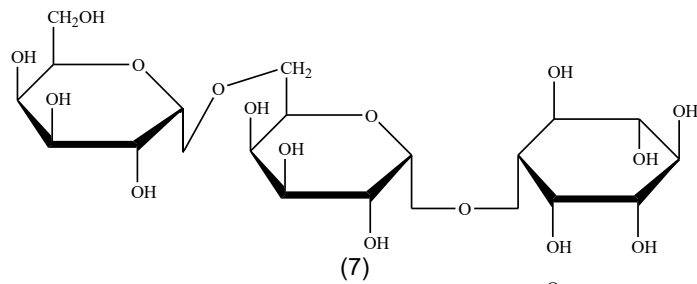
	methoxycaffeoyl) sophorose-7-O-glucoside, Kaempferol/Quercetin 3-O-(sinapoyl/ feruloyl) sophorose-7-O-glucoside, Kaempferol/ Quercetin 3-O-(p-coumaroyl) sophorose-7-O-glucoside			
	Caffeic acid, Sinapic acid, Sinapoylglucoside, 1,2-disinapoylgentiobioside, 1-sinapoyl, 2-feruloylgentiobioside, 1,2,2'-trisinapoylgentiobioside, 1,2'-disinapoyl, 2-feruloyl-gentiobioside,3-caffeoyl/ 3-p-coumaroyl quinic acid	Hydroxycinnamic acids		
	Isorhamnetin 3,7-di-O-β-D-glucopyranoside	Flower, Flavonoid	nectar guide for attracting pollinating insects	
	Sinapine, Sinapoylmalate, 1,6 Di-O-sinapoylglucose, 1,2 Di-O-E-sinapoyl-β-glucopyranose, 1,6 Di-O-E-sinapoyl-β-glucopyranose, 1,2 Di-O-E-sinapoyl-β-gentiobiose, 1,2,2' Tri-O-E-sinapoyl-β-gentiobiose, 1,2,6' Tri-O-E-sinapoyl-β-gentiobiose, Kaempferol 3-(2"-O-E-sinapoylsophorose)-7-O-β-D-glucopyranoside, Kaempferol 3-O-sophorose-7-O-(2-O-E-sinapoyl) -β-D-glucopyranoside,	Seeds		
	Spirobrassinin(82), Cyclobrassinin (83), Rutalexin (84), Rapalexin A (85), Rapalexin B (86), Brassinin (87), Brassilexin (88), Brassicanal C (89)	Leaves Phytoalexins	anti-oomycete activity	
	Indolyl-3-acetonitrile (90), Caulilexin C (91), Arvelexin (92),Indole-3-carboxaldehyde(93)	Phytoanticipins		
	Caffeoylmalate, 5-Hydroxy-feruloylmalate, Coumaroylmalate, Feruloylmalate, Sinapoylmalate, Dimethyl feruloyl malate (94), Dimethyl sinapoyl malate (95), Methyl feruloyl malate (96), Methyl sinapoyl malate (97), Methyl feruloyl malate (98), Methyl sinapoyl malate (99), Coniferin	Phenylpropanoid malates		
	Kaempferol 3-O-β-D-(2E-5-hydroxyferuloyl- β-D-glucopyranosyl (1→2)-glucopyranoside)-7-O- β-D-glucopyranoside,Quercetin 3-O-β-D-(2E-5-hydroxyferuloyl- β-D-glucopyranosyl (1→2)-glucopyranoside)-7-O- β-D-glucopyranoside	Flavonoids		
	Roseoside (100),Citroside A (101)	Ionones		
	L-Tryptophan (102), L-Phenylalanine (103),L-Tyrosine(104),	Amino acid		
	Adenosine (105), Cytidine (106), Uridine (107)	Nucleotides		
	4-methylsulfinylbutylisothiocyanate (Sulforaphane)	Seed	Anticancer effect	
18.	<i>Brassica rapa L. hidabeni</i>			[60]
	4'-O-β-D-glucopyranosyl-4-hydroxy-3'-methoxychalcone (108), 4'-O-β-D-glucopyranosyl-3',4-dimethoxychalcone (109), 4,4'-di-O-β-D-glucopyranosyl-3'-dimethoxy chalcone (110), Picein (111),Glucoacetosyringone (112), Corchoionoside (113)	Aerial part, Methanol, Chalcone glycosides		
19.	<i>Brassica rapa ssp. Campestris</i>			[61-62]
	2,6,3,4'-Tetraisovalerate(114), Sucrose3,3',4'-triisovalerate(115), Sucrose 6,3',4'-triisovalerate(116),	Root, Carbohydrate derivatives	enzyme-activated irreversible	

	Ethyl β -D-glucopyranoside(117), <i>n</i> -butyl- β -D-fructofuranoside(118), Ethanone-1-C- β -D-glucopyranoside (3,7-anhydro-1-deoxy-D-glycero-D-gulo-2-octulose(119), <i>n</i> -pentyl β -D-fructofuranoside(120),	EtOAc, <i>n</i> -BuOH fractions	inhibitors, modulator of inflammatory states, skin barrier, hepatoprotective agent, antiHIV, anti diabetes, and anticancer.	
20	<i>Brassica rapa ssp. Chinensis</i> Glucoerucin, Glucoraphanin, Glucoalyssin, Gluconapin, Glucobrassicinapin, Progoitrin, Gluconapoleiferin, Gluconasturtin, Glucobrassicin, 4-Hydroxy- Glucobrassicin, 4-Methoxy- Glucobrassicin, Neoglucobrassicin	Glucosinolates,	anticarcinogenic, cholesterol-reducing	[63]
	Kaempferol Isorhamnetin	Leaves, flavonoids	antioxidant	
21	<i>Brassica tournefortii</i> Kaempferol, Quercetin, Kaempferol/Quercetin 3- <i>O</i> - β -D-glucopyranoside, Kaempferol 7- <i>O</i> - α -L-rhamnopyranoside, Kaempferol 3- <i>O</i> - β -arabinopyranoside-7- <i>O</i> - α -L-rhamnoside, Robinin (Kaempferol 3- <i>O</i> -(6"- α -L-rhamnopyranosyl)- β -D-galactopyranoside-7- <i>O</i> - α -L-rhamnopyranoside), Quercetin 3- <i>O</i> -(6"- α -L-rhamnopyranosyl)- β -D-glucopyranoside, Quercetin 3- <i>O</i> -(6"- α -L-rhamnopyranosyl)- β -D-galactopyranoside-7- <i>O</i> - α -L-rhamnopyranoside	Whole plant, MeOH extract, Flavonoids		[64]

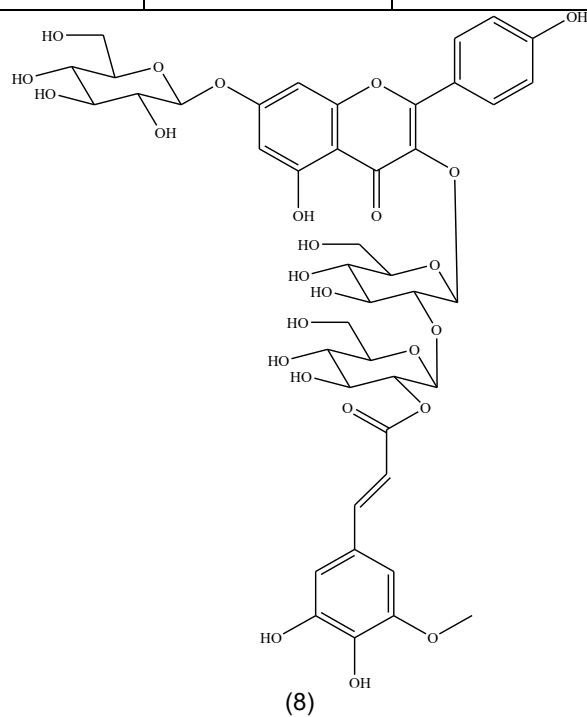


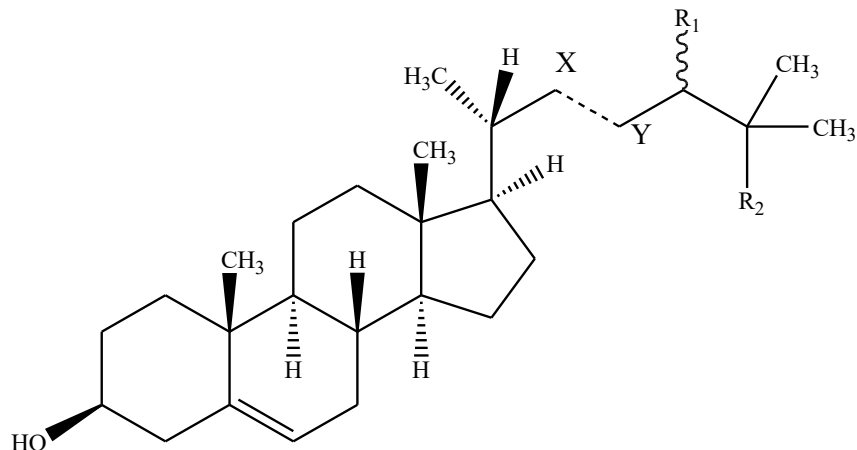
	R ₁	R ₂
2	OH	OH
3	H	OH
4	H	H
5	OCH ₃	H



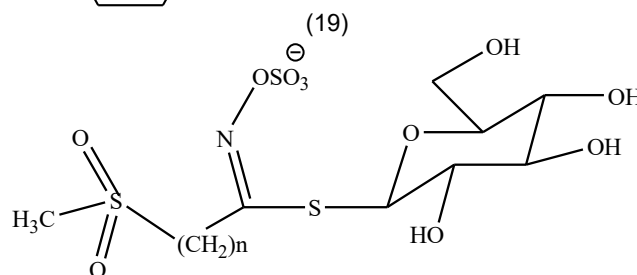
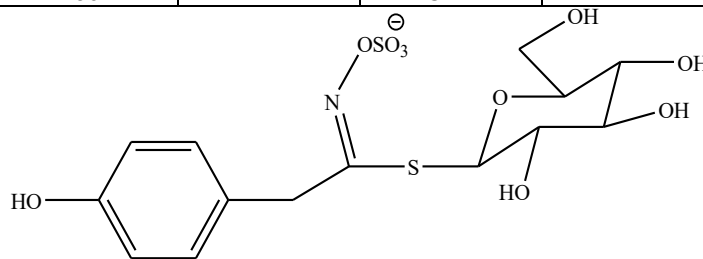


	R ₁	R ₂
9	OH	H
10	OCH ₃	OH
11	H	H
12	OCH ₃	H
13	OCH ₃	OCH ₃

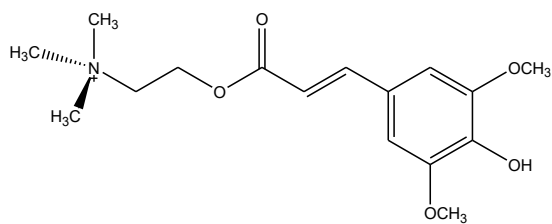




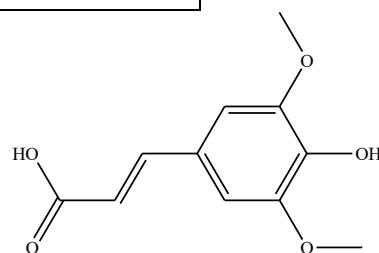
	X--Y	R ₁	R ₂
15	X-Y	β -Et	H
16	X-Y	β -Me	H
17	X=Y	α -Me	H
18	X-Y	=CH ₂	Me
36	X-Y	=CHMe	H



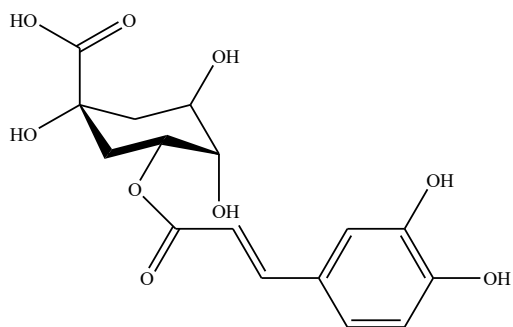
	n
20	9
21	8



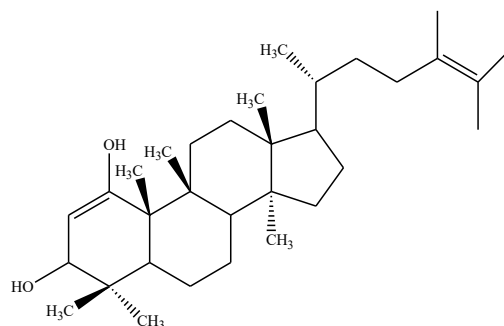
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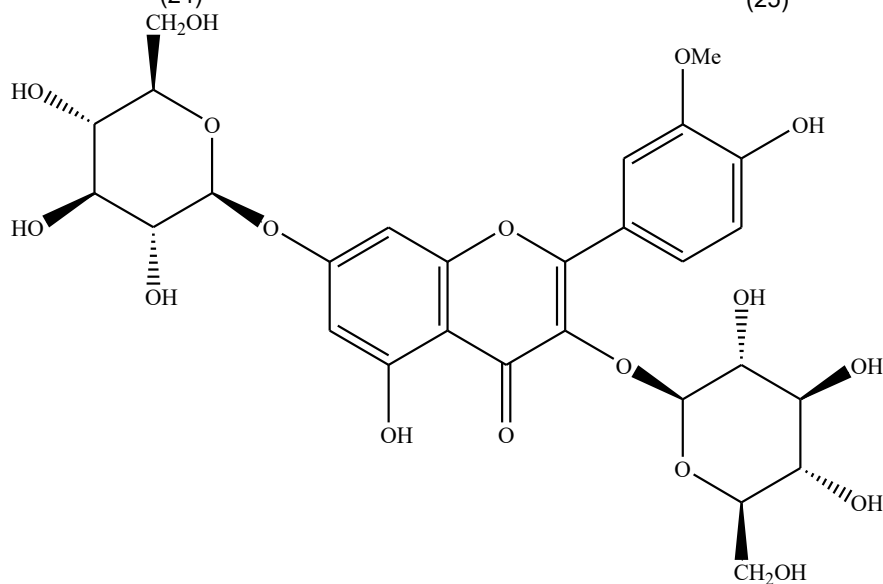
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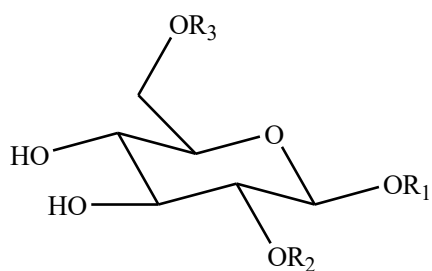
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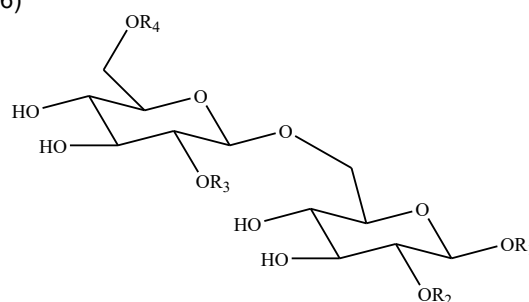
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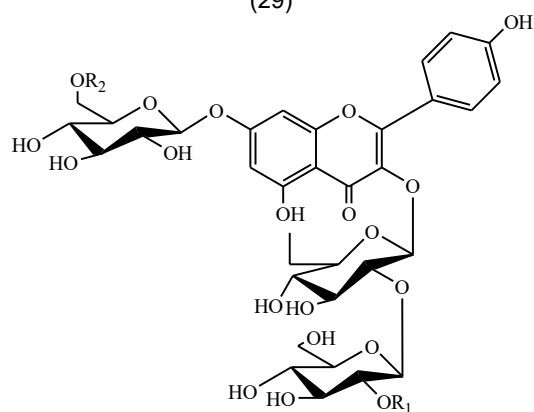
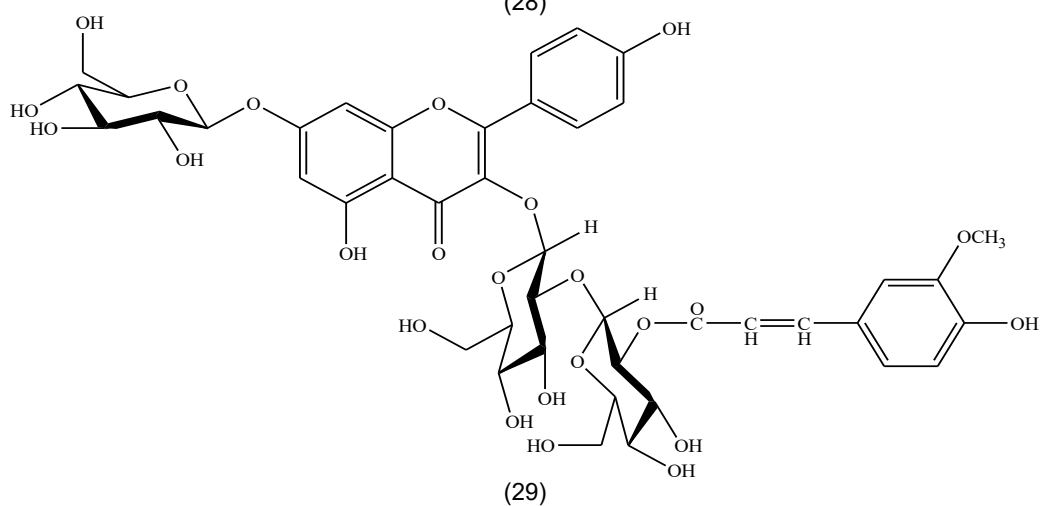
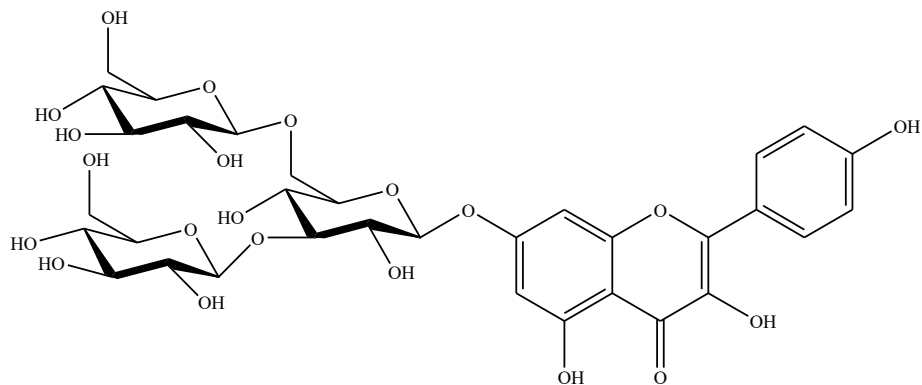
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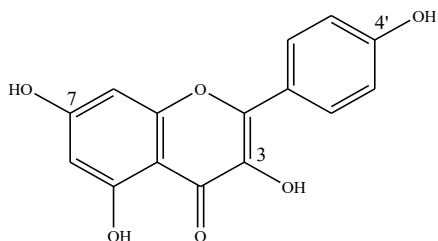
	R ₁	R ₂	R ₃
27	Sinapoyl	H	H
38	5-hydroxy-feruloyl	H	H
43	Sinapoyl	Sinapoyl	H
45	Sinapoyl	H	Sinapoyl



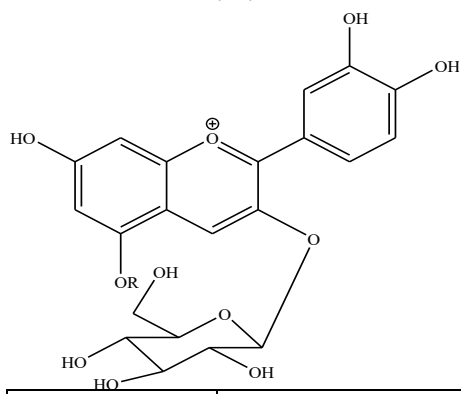
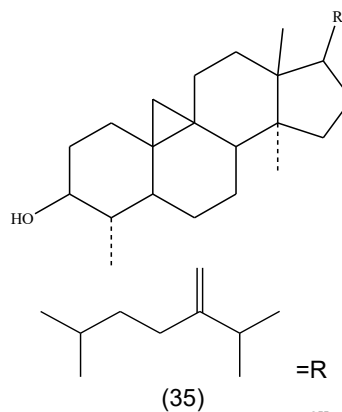
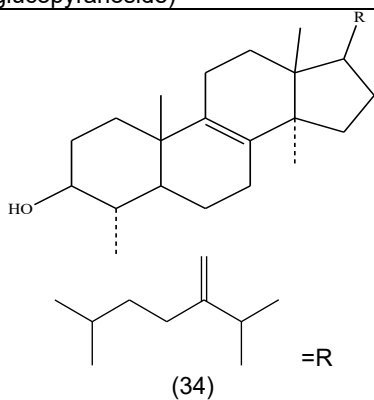
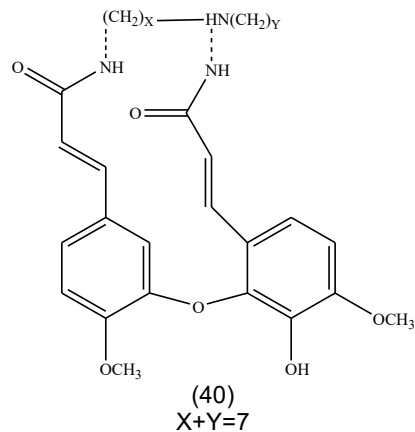
	R ₁	R ₂	R ₃	R ₄
37	Caffeoyl	H	H	H
42	Sinapoyl	Sinapoyl	H	H
44	Sinapoyl	Sinapoyl	Sinapoyl	H
46	Sinapoyl	Sinapoyl	H	Sinapoyl



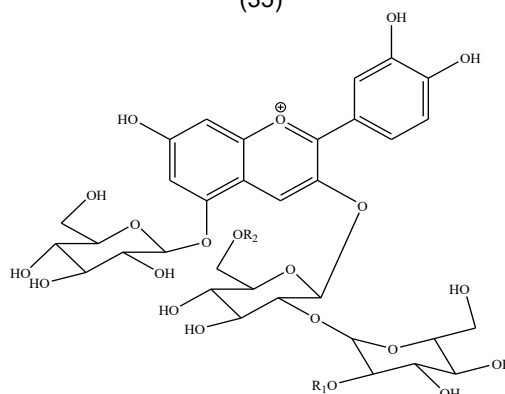
	R ₁	R ₂
30	H	H
31	Sinapoyl	H
32	Sinapoyl	β -D-glucosyl
33	H	β -D-glucosyl



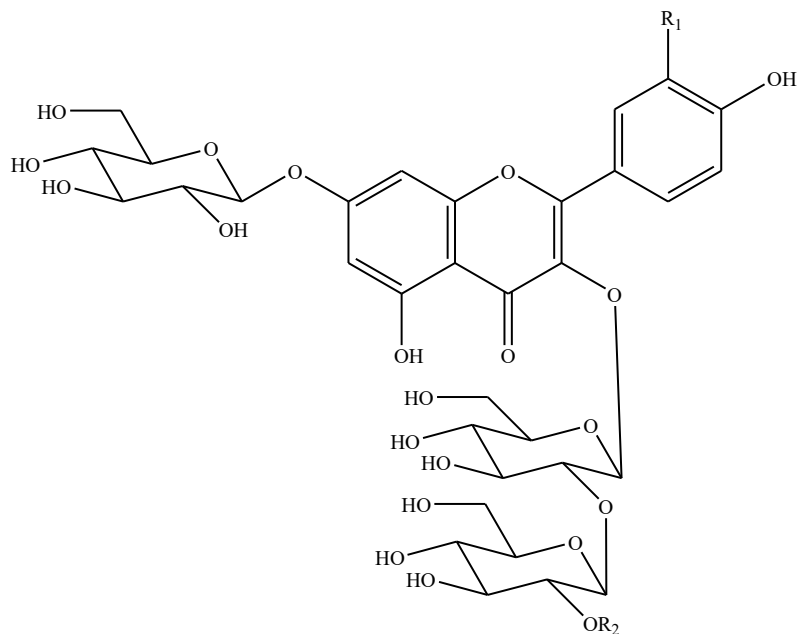
30	3-O-sophoroside-7-O- β -glucopyranoside
31	3-(2''-O-E-sinapoylsophoroside)-7-O- β -glucopyranoside
39	4'-(6-O-E-sinapoyl- β -glucopyranoside)-3,7-di-O- β -glucopyranoside
41	3-O-sophoroside-7-O-(2-O-E-sinapoyl- β -glucopyranoside)



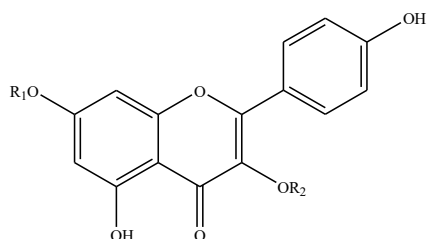
	R
47	H
48	glucose



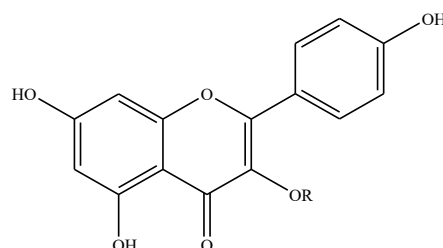
	R ₁	R ₂
49	H	H
50	H	p-coumaric
51	H	ferulic
52	H	sinapic
53	sinapic	p-coumaric
54	sinapic	ferulic
55	sinapic	sinapic



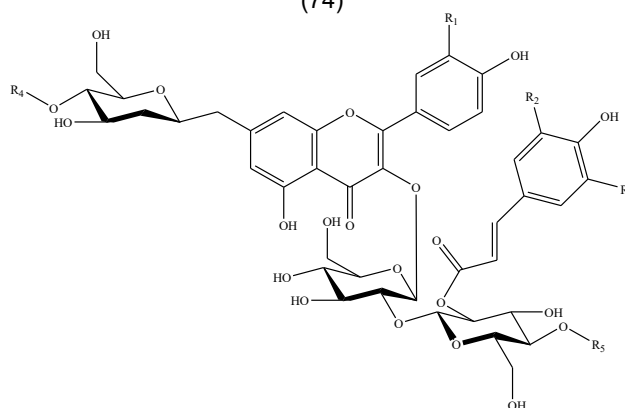
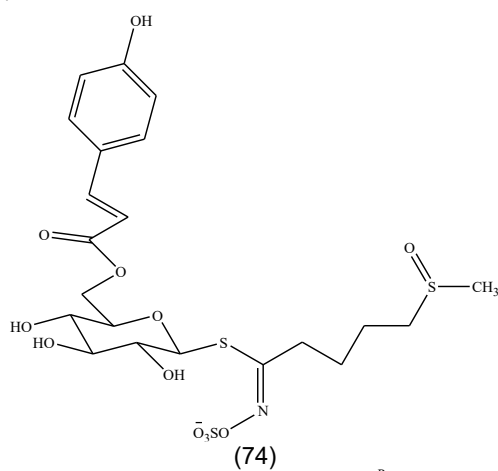
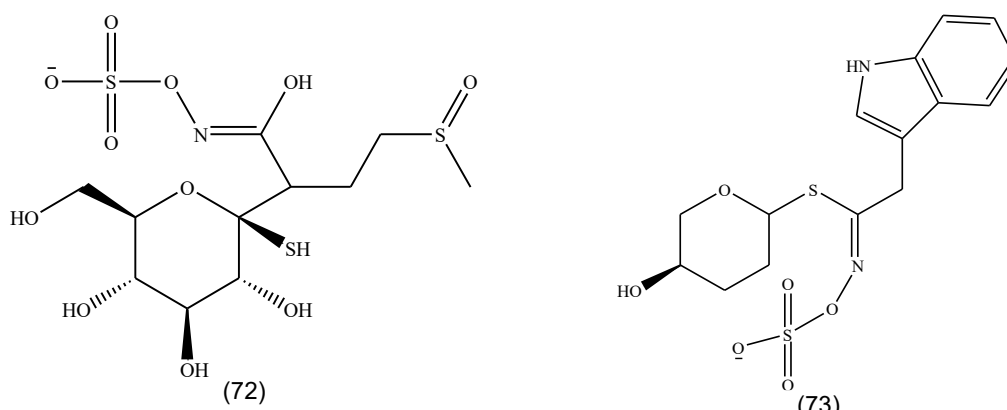
	R ₁	R ₂
30	H	H
31	H	Sinapoyl
29	H	Feruloyl
56	H	p-Coumaroyl
57	H	Caffeoyl
58	OH	Feruloyl
59	OH	Caffeoyl



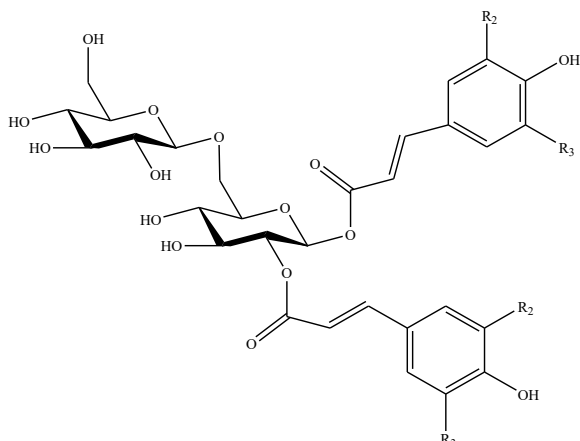
	R ₁	R ₂
60	Glucose	sophorotriose
61	Glucose	Sophorose-methoxycaffeic/ caffeic
30	Glucose	sophorose
62	Sophorose	sophorotriose
63	Sophorose	sophorose
64	sophorose	Glc-glc-glc-glc
31	Glucose	Sophorose- sinapic/caffeic
65	glucose	Sophorose- ferulic/caffeic



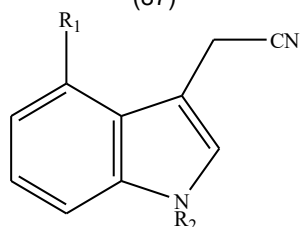
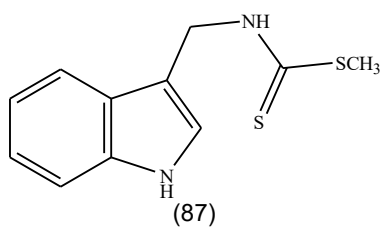
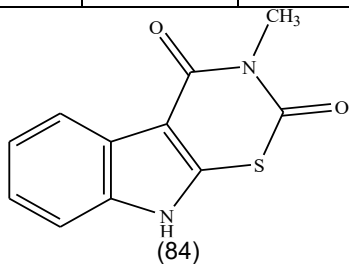
	R
66	sophorotriose
67	Sophorose- sinapic
68	Sophorotriose-ferulic
69	Sophorose- ferulic
70	Sophorose
71	glucose



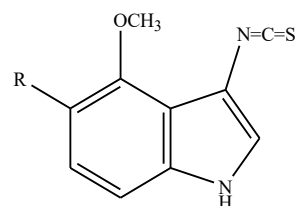
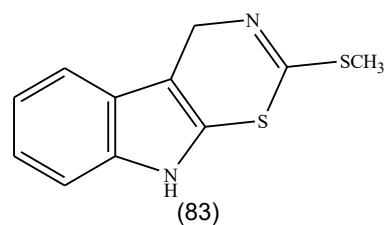
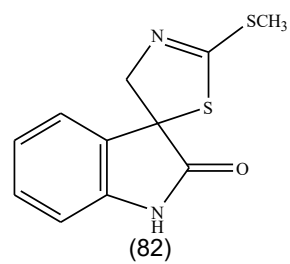
	R ₁	R ₂	R ₃	R ₄	R ₅
75	H	OCH ₃	OH	H	H
76	OH	OCH ₃	OCH ₃	H	H
77	OH	OCH ₃	OCH ₃	β -D-Glc	H
31	H	OCH ₃	OCH ₃	H	H
67	H	OCH ₃	H	β -D-Glc	H
78	H	OCH ₃	H	H	H
79	H	OCH ₃	OCH ₃	H	β -D-sinapoyl-Glc



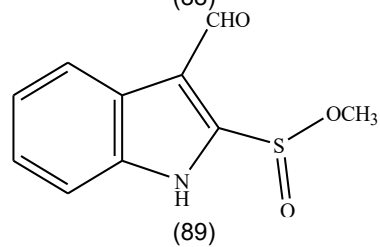
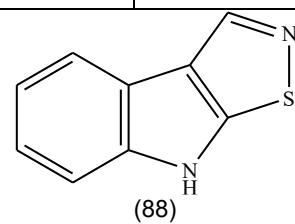
	R ₂	R ₃
80	OCH ₃	OCH ₃
81	OCH ₃	OH

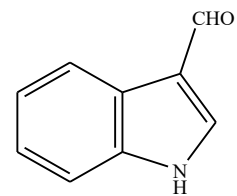
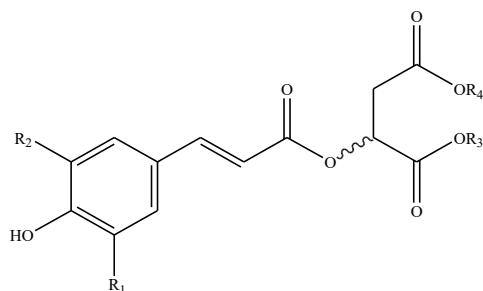


	R ₁	R ₂
90	H	H
91	H	OMe
92	OMe	H



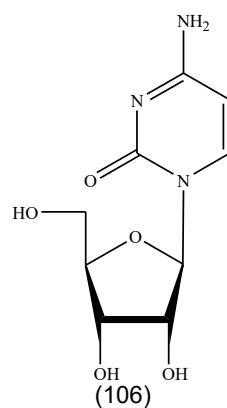
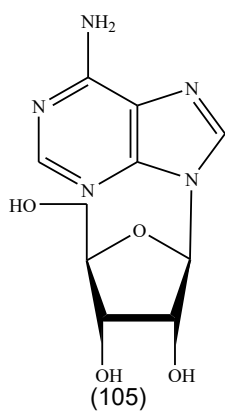
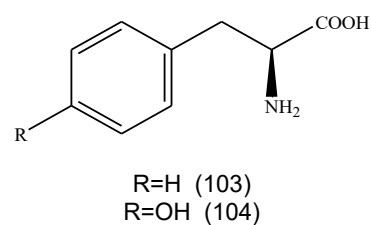
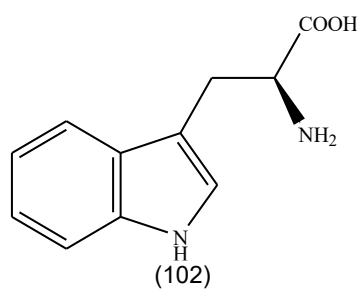
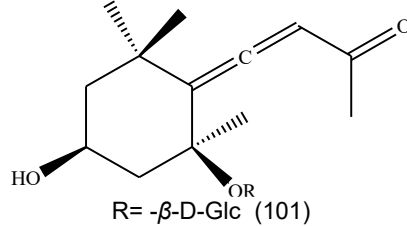
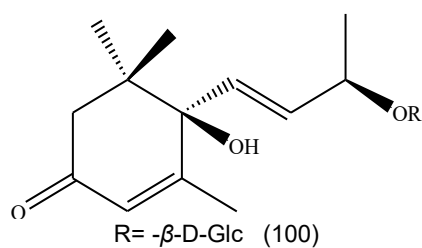
	R
85	H
86	OH

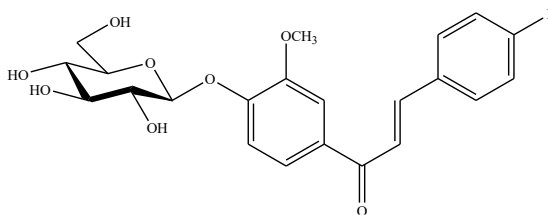
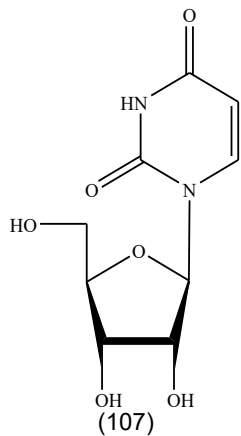




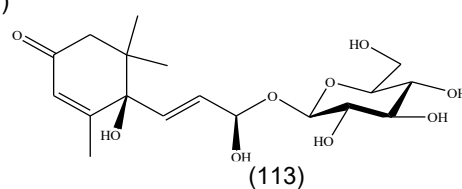
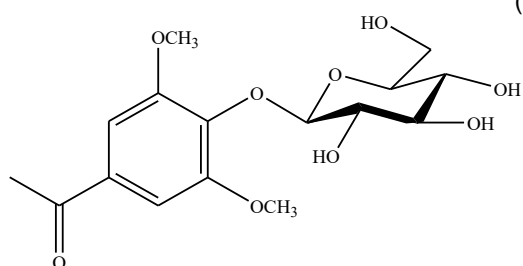
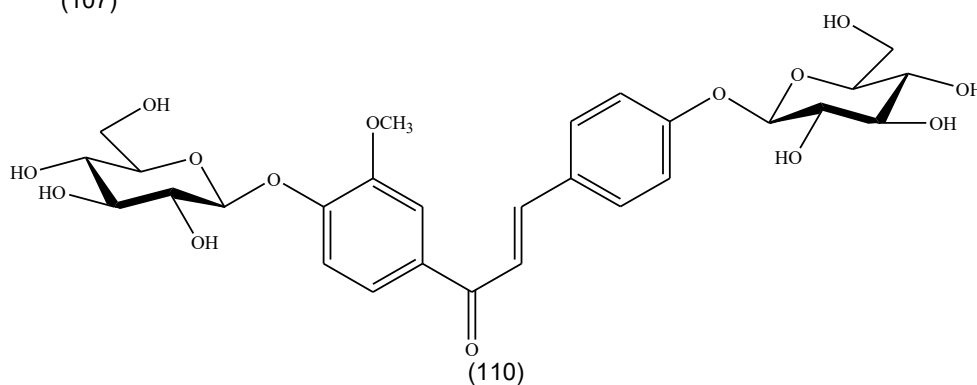
(93)

	R ₁	R ₂	R ₃	R ₄
94	OCH ₃	H	CH ₃	CH ₃
95	OCH ₃	OCH ₃	CH ₃	CH ₃
96	OCH ₃	H	CH ₃	H
97	OCH ₃	OCH ₃	CH ₃	H
98	OCH ₃	H	H	CH ₃
99	OCH ₃	OCH ₃	H	CH ₃

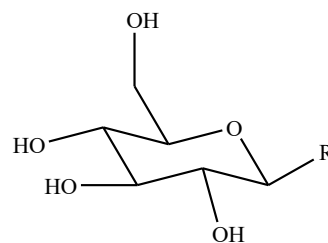
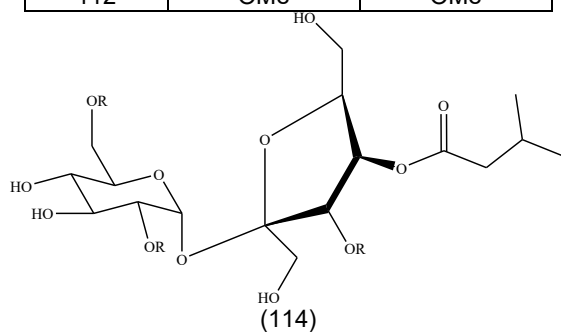




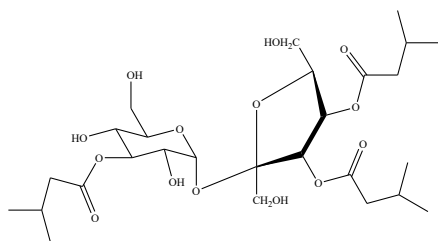
	R
108	H
109	OMe



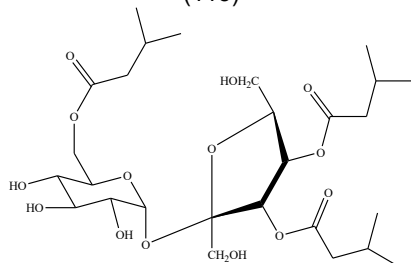
	R ₁	R ₂
111	H	H
112	OMe	OMe



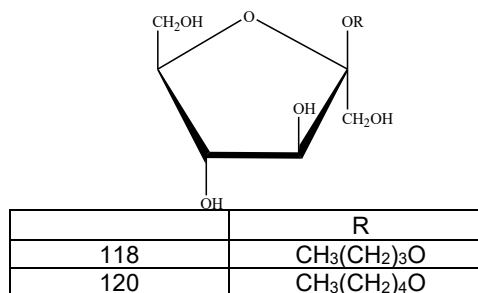
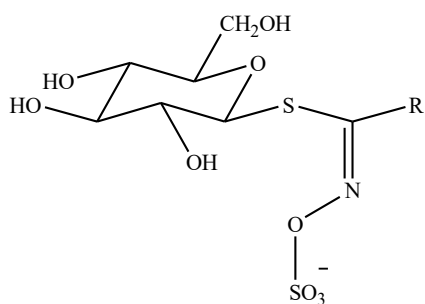
	R
117	CH ₃ CH ₂ O
119	CH ₃ C=O



(115)



(116)

Glucosinolates**Aliphatic R-**CH₂=CH-CH₂-

Sinigrin

CH₂=CH-CH₂-CH₂-

Gluconapin

CH₂=CH-CH₂-CH₂-CH₂-

Glucobrassicinapin

(CH₃)S(CH₂)₄-

Glucorucin

CH₃SO(CH₂)₃-

Glucoiberin

CH₃SO(CH₂)₄-

Glucoraphanin

CH₃SO(CH₂)₅-

Glucoallysin

(CH₃)S(CH₂)₃-

Glucoibervirin

Hydroxy aliphaticCH₂=CH-CHOH-CH₂-

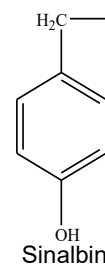
Progoitrin

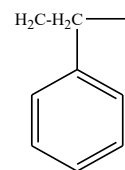
CH₃-SO-CH₂-CH₂-CH₂-CH₂-CH₂-

Glucoalyssin (GLA)

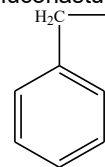
CH₂=CH-CH₂-CHOH-CH₂-

Napoleiferin

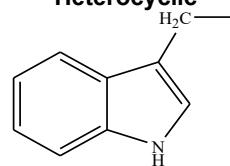
Cyclic



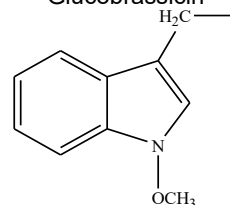
Gluconasturtiin



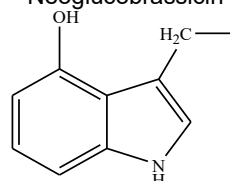
Glucotropaeolin

Heterocyclic

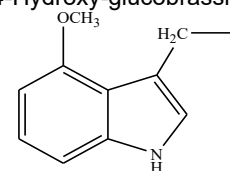
Glucobrassicin



Neoglucobrassicin



4-Hydroxy-glucobrassicin



4-Methoxy-glucobrassicin

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